Special Events



13th Annual Egg Hunt

Join the Parks & Recreation Department on the grounds of Town Hall on Saturday, April 4. Additional features include a jellybean counting contest, and a special appearance by the Easter Bunny. Bags will be provided for egg collecting. Call the Parks & Rec.

Office to pre-register. Cost is \$1.00 per child. Pay on the day of the hunt in the lobby of Town Hall.

Age Divisions: Under 3 at 12:00 p.m. 3- 4 year olds at 12:15 p.m. 5 - 6 year olds at 12:30 p.m. 7 - 8 year olds at 12:45 p.m.

Day: Saturday Time: See above Date: 4/4 Fee: \$1.00

10th Annual Flashlight Egg Hunt



Just for students in grades 3 – 5! The hunt will be held on the grounds of Town Hall at 8:00 p.m. sharp, and will last approximately 20 minutes. All participants must bring their own flashlights. Bags will

be provided for collecting. Call the Parks & Recreation Office to pre-register. Cost is \$1.00 per student. Pay on the evening of the hunt in front of the Town Hall.

Day: Friday Time: 8:00 p.m. Date: 4/3 Fee: \$1.00

12th Annual Big Wheel "500"



Drivers ages 3 - 6, rev up your engines for the twelfth annual Big Wheel 500. Each driver should bring his or her own vehicle (no bicycles, please) and helmet, and be prepared for an exciting race around the parking lot of Town Hall, which will be closed to traffic. Big wheels will be provided for children if needed. Race begins at 2:00 p.m.

All who participate will receive a prize. Please pre-register with the Parks & Recreation Office by calling 775-7310.

Day: Saturday Time: 2:00 p.m. Date: 5/9 Fee: Free



"Drive In" Movie Series

Now on Friday night...come for the concert, stay for the movie! We're going to be reliving all of the excitement of the Danbury Drive In right here

in Brookfield at the tenth annual drive in movie series. Join us on Friday, July 10, Friday July 31 and Friday August 21. Bring your friends and family, along with blankets, chairs, and snacks. The show starts at dusk at Town Hall, and will be shown on a 10 x 10 foot video screen. Seating will be on the lawn in front of the bandstand. This event is free! A flyer detailing the movies will be sent through the schools in June and will also be available on our website.

Day: Friday Time: Starts at dusk

Date: 7/10, 7/31, 8/21 Fee: Free

Special Events, continued

Easter Crafts Workshop

Children ages 3 - 5 and in grades 1 - 4 will create an eggcellent craft for Easter. The class will meet in the temporary location of the Senior Center, 559B Federal Road.

Dav: Saturday Date: 4/4

Tots: 1:30 – 2:30 p.m. Grades 1- 4: 3:00 – 4:15 p.m.

Place: Senior Center Fee: \$15.00



Mother's Day Craft Workshop

Children 3 - 5 and in grades 1 - 4 will create a masterpiece for gift giving. Please wear a smock or old clothes. The classes will meet in the

temporary location of the Senior Center, 559B Federal Road.

Day: Saturday Date: 5/2

Tots: 12:30 – 1:30 p.m. Grades 1- 4: 2:00 – 3:15 p.m.

Place: Senior Center Fee: \$15.00

Instructor: Cathy Westervelt

Father's Day Craft Workshop

Children 3 - 5 and in grades 1 - 4 will make a special gift for dad. Please wear a smock. The classes will meet in the temporary location of the Senior Center, 559B Federal Road.

Day: Saturday Date: 6/13

Tots: 12:30 – 1:30 p.m. Grades 1- 4: 2:00 – 3:15 p.m.

Place: Senior Center Fee: \$15.00

Instructor: Cathy Westervelt

New ~ Accordion Photo Holders

Looking for a great last minute gift for Mother's Day or Father's Day? Using 10 4x6 photographs as well as stickers and other decorations, students in grades K-4 will create a gift that is sure to be a hit with any proud parent. Students should bring 10 4x6 photos with them to class, everything else is provided. Please note that the class will meet in the temporary location of the Senior Center, 559B Federal Road.

Day: Saturday

Time: 10:00 – 10:45 a.m.

Session 1: Mother's Day 5/9

Session 2: Father's Day 6/20

Time: 10:00 – 10:45 a.m.

Fee: \$12.00/session

Instructor: Pam Zavarelli

Place: Senior Center

Summerfest

This popular event will be held at the Town Park Beach on Candlewood Lake Road, 12:00 – 4:00 p.m. Features include water balloon and egg tosses, a sand castle building contest, ice cream and watermelon eating contests, diving and cannon ball contests, and more. There is no charge for the events, but you will need to show your beach pass or pay the daily quest fee to enter the Park for the day.

Day: Friday Time: 12:00 – 4:00 p.m.
Date: July 24 Fee: free with beach pass



Discount Tickets for Lake Compounce

We are pleased to offer you the opportunity to purchase discount tickets to Lake Compounce Amusement Park in Bristol, CT. Tickets will be available for purchase beginning May 4 through August 21, and can be used for daily admission through September 2009. Price is \$24.99 for either adult or junior tickets. That's \$10.00 less than the price at the gate for adult tickets!

Get Out of Town

New ~ Boston – Tall Ships

The Tall Ships will be in Boston Harbor in July, and we have a great way for you to see them! We'll be leaving from Brookfield Town Hall at 7:30 a.m. Once in Boston, we'll board a Boston Harbor Cruise ship for a 90-minute cruise to view the Tall Ships. After the cruise you'll have plenty of time to enjoy Boston including a visit to Quincy Market and grab a bite to eat, leaving Boston at 6:00 p.m.

Day: Saturday Date: 7/11 Time: 7:30 a.m. departure Fee: \$85.00



We are still waiting for New York Yankees Group Ticket information to be released for 2009. If you are interested in receiving updated information please email Donna

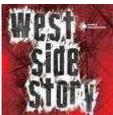
Korb at pradmin@brookfield.org and we will email you the details of our trip when they are available.

New ~ South Pacific at Lincoln Center

Winner of the 2008 Tony Awards® including Best Revival of a Musical, Rodgers and Hammerstein's **SOUTH PACIFIC** concerns the lives of U.S. military men, nurses and the residents of the Polynesian island they occupy during World War II. The show's gorgeous score includes notable songs "In Love With a Wonderful Guy," "Cockeyed Optimist," "Nothing Like a Dame." "I'm Gonna Wash That Man Right Out of My Hair," "Some Enchanted Evening," "Younger Than Springtime," "Honey Bun" and "This Nearly Was Mine." Please note that we are running this trip with Redding Parks & Recreation. Departure and return is to the Redding Community Center (37 Lonetown Road also known as Route 107.) We'll be leaving Redding Community Center at 9:00 a.m. for a 2:00 p.m. show. You'll have plenty of time to grab a bite for lunch before the show.

Day: Wednesday Date: 4/15 Time: 9:00 a.m. departure Fee: \$99.00

New ~ West Side Story on Broadway



West Side Story is a musical set in Manhattan's West Side/Hell's Kitchen in the mid-1950s. This musical explores the rivalry between two teenage gangs of different ethnic and cultural backgrounds. Music by Leonard Bernstein, and lyrics by Stephen

Sondheim. The musical is based on William Shakespeare's *Romeo and Juliet*. Content may not be suitable for children under 14. Please note that we are running this trip with Redding Parks & Recreation. Departure and return is to the Redding Community Center (37 Lonetown Road also known as Route 107.) We'll be leaving Redding Community Center at 9:00 a.m. for a 2:00 p.m. show. You'll have plenty of time to grab a bite for lunch before the show.

Day: Saturday Date: 5/30 Time: 9:00 a.m. departure Fee: \$144.00

Adult Education

W.E.R.A.C.E. - Western Connecticut Regional Adult and Continuing Education Danbury Community Resource Center 797-4731 Mandated Programs

Classes in Basic Reading, Math, and Writing; English for Speakers of Other Languages (ESL), Citizenship, GED (General Educational Development), and CDP (Adult High School Credit Diploma)

HA!HA! HA!HA! HA!HA! HA! HA!

Basic Computing

This course is designed for individuals with no computer skills who wish to learn the basics of the windows operating system and the use of a word

processor, spreadsheet, and database. MS Works will be used in the course to teach word processing, spreadsheets and database use.

Day: Wednesday Time: 6:30 – 8:00 p.m.

Dates: 5/13 – 6/17 (6 wks) Fee: \$185.00 Place: Computertalk, 475 Federal Road, Unit B

Microsoft Excel 2000 – Level 1

This class is designed for individuals who have little or no experience in using a spreadsheet. Class will teach use of simple formulas, charting, fill commands, nomenclature and more.

Day: Tuesday Time: 6:30 - 8:00 p.m.

Dates: 4/21 – 4/28 (2 wks) Fee: \$65.00 Place: Computer Talk, 475 Federal Road, Unit B



Microsoft Excel 2000 - Level 2

Working with a fictitious company, students will learn how to work with databases and lists, use logical, financial and date functions, format worksheets, insert, move and modify

objects, link worksheets with 3-D references, use excel on the web, and use and customize templates. A course manual and disk are included.

Day: Tuesday Time: 6:30 - 8:00 p.m.

Dates: 5/5 – 5/19 (3 wks) Fee: \$135.00 Place: Computer Talk, 475 Federal Road, Unit B

Microsoft Excel 2000 - Level 3

Participants will master the following skills in this course: working with records and ranges; sorting, outlining and filtering lists; importing and exporting data; using pivot tables and pivot charts; using data analysis tools; protecting and sharing workbooks; managing workbooks with comments; data validation; and merging/linking workbooks. A course manual and disk are included.

Day: Tuesday Time: 6:30 - 8:00 p.m.

Dates: 5/26 – 6/9 (3 wks) Fee: \$135.00 Place: Computertalk, 475 Federal Road, Unit B

Adult Education, continued

Microsoft Word 2000 Level 1

Learn the basic skills needed to use this program. Copy, Cut, Paste, Save, Insert, Tables, and more will be covered.

Day: Monday Time: 6:30 - 8:00 p.m.

Dates: 4/20 – 4/27 (2 wks) Fee: \$65.00 Place: Computer Talk, 475 Federal Road, Unit B



Microsoft Word 2000 Level 2

Learn how to prepare more complex documents. We will create a newsletter and in the process learn how to create headers

and footers, import graphics and pre created text, create and format tables and more. A working knowledge of MS Word is required. A course manual and disk are included.

Day: Monday Time: 6:30 - 8:00 p.m.

Dates: 5/4 – 5/18 (3 wks) Fee: \$135.00 Place: Computer Talk, 475 Federal Road, Unit B

Microsoft Access 2000 - Level 1

This course will center on learning the basic features of Access. We will create a database complete with tables, forms, queries, and reports. We will also use features such as wizards and design view to help us create different database objects. Course manual and disk provided.

Day: Thursday

Time: 6:30 - 8:00 p.m.

Dates: 4/23 – 5/7 (3 wks) Fee: \$135.00 Place: Computer Talk, 475 Federal Road, Unit B



Microsoft Access 2000 - Level 2

For those who want to learn to create more complicated databases, the following topics will be covered: modifying tables in design view, using multiple data types, using the office

clipboard, binding data and controls, creating multiple table queries, creating calculated fields, adding controls to forms and reports, creating web documents, using hyperlinks, backing up a database, printing database objects. Course manual and disk provided.

Day: Thursday Time: 6:30 - 8:00 p.m.

Dates: 5/14 – 5/28 (3 wks) Fee: \$135.00 Place: Computer Talk, 475 Federal Road, Unit B

Microsoft PowerPoint 2000 Level 1



The objective of this course is to teach you how to create a professionally designed presentation. You will learn a variety of skills that include the following: Use of the auto Content Wizard, creating a presentation from scratch, working in normal, slide sorter, and

outline view, inserting specific slide types, modifying the sequence of slides, promoting and demoting text, adding speaker notes, formatting text, using master slides, using headers and footers, using bullets and more. Course manual and disk provided.

Day: Wednesday Time: 6:30 - 8:00 p.m.

Dates: 4/22 – 5/6 (3 wks) Fee: \$135.00 Place: Computer Talk, 475 Federal Road, Unit B

Adult Education, continued

Selling on eBay

Tired of the clutter in your home? Want an easy solution to cleaning the attic without the hassles of a tag sale? Have collectibles you want to part with for cash? Perhaps you have always been curious about selling on eBay but not quite sure how to go about it? This class may be for you. This introductory course will examine the basics of selling on eBay including how to list your items competitively, search for related items, answer buyer questions, manage your account, ship from home using USPS, and much more. Also covered are safety tips concerning how to keep your online account safe. This course is open to adults age 18 and over with some internet experience.

Day: Thursday Time: 7:00 – 8:30 p.m.

Dates: 5/7 – 5/21 (3 wks) Fee: \$58.00

Place: BHS Room 240 Instructor: Anne Joyce

How to Meditate

We live in a fast paced world. Our lives are filled with pressure and stress and our mental attitude and emotional experience reflects this fact. But inside you there is an ocean of peace and happiness and a well of strength that never runs dry. Meditation will quiet your restless mind and settle your nagging emotions. Meditation is not something foreign or separate from you. When properly understood, meditation is actually your natural, free state of being. In this series of classes you will learn to meditate effectively using a time-honored approach to meditation that has been practiced for centuries. You will learn techniques for making your mind quiet so that you can experience the thought free state of meditation and the benefits that accrue naturally. Participants should dress comfortably for sitting in a chair or cross-legged on the floor.

Day: Tuesday Time: 7:30 - 8:30 p.m.

Dates: 4/21 – 5/12 (4 wks) Fee: \$60.00

Place: Brookfield Senior Center, 559B Federal Road Instructors: Lakshmi Satya Devi and Linda Robinson

Chef Nina's Wilson Culinary Adventures

Impress your friends and family by preparing food normally reserved for special occasions in expensive restaurants, and learn tricks of the trade from a professional chef and former owner of the Brookfield Bistro. Sign up for all four classes for \$75.00 or individually at a cost of \$20.00 each. An additional materials fee of \$15 must be paid to the instructor at each class. Classes meet 6:30 – 9:00 p.m. in the Whisconier Home Ec. Rm. Bring an apron and your sense of adventure! *Tuesday, April 28: How to Make a Bistro Meal at Home*Get out your French accept. The most delectable omelets a

Get out your French accent ...the most delectable omelets, a croque monsieur, Soupe a l'oignon ... and much more.

Tuesday, May 5: Do you Sushi?

Learn to make it and use the chopsticks too. Don't like fish? California Rolls are vegan approved. Learn all about the accompaniments, too.

Tuesday, May 12: How to Cook Like a Chef

Add to your repertoire some money and time saving tips most chefs will rarely share... the secret to an amazing sauce, using fresh herbs...can you make pesto with walnuts?

Tuesday, May 19: Dessert Anyone?

Fruit tartes, how to make a mousse from scratch, and one of the Brookfield Bistros old favorites!!

Adult Education, continued



Color Me Beautiful

Have you ever wondered what colors look best on you? In this workshop you'll be introduced to the Color Me Beautiful program. It provides women with the benefits of a personalized color

identification of your natural coloring that can be coordinated with a seasonal palette. The seasonal palette will help you choose clothing colors that are best for you. And when you are wearing your best colors, you will feel younger, thinner, prettier and more self-confident.

Day: Tuesday Time: 6:30 – 8:30 p.m.

Date: 5/5 (1 wk) Fee: \$20.00

Place: Town Hall Mtng. Rm. Instructor: Pat Rayner



Digital and Film Photography

In just five weeks this class will have you using your camera like a pro. You'll

learn what all those camera buttons and hidden menus do. Technical terms like white balance, compression and resolution will be explained, but we'll also spend time on esthetic issues. Weather permitting, we'll be going outside to shoot during class. Weekly assignments will encourage you to practice and to develop your artistic sense. Bring your camera manual as well as your camera, charge up those batteries and let's have some fun.

Day: Thursday Time: 7:00 - 9:00 p.m.

Dates: 4/23 – 5/21 (5 wks) Place: Town Hall Mtng Rm.

Instructor: MaryAnn Kulla Fee: \$70.00

Beginning Photoshop Elements

If you would like to enhance your photos or artwork, this class will get you started on the right track. It will introduce you to the basics of Photoshop Elements. We'll learn what the tools and palettes do; how to adjust color, change the size of an image, make selections and manipulate them. Computer familiarity is required because this will be a hands-on class. Questions and experimentation will be encouraged. Please come to class with the book Photoshop Elements 2 by Mike Wooldridge from the "Teach Yourself Visually" series. (You can find these on Amazon for as little as \$.50.) If you have a laptop with a later version of Photoshop on it, buy the "Teach Yourself Visually" book for the version of Elements you have and bring it and your PC to class.

Day: Thursday Time: 7:00 - 9:00 p.m. Dates: 5/28 - 6/18 (4 wks) Place: BHS Room 239

Instructor: MaryAnn Kulla Fee: \$70.00

Click, Load & Print

This class will demonstrate how to get your digital photos onto your computer, organize them, and make prints using your home printer. Bring a memory card with some pictures you don't mind experimenting with, plus bring any connecting cables that came with your camera and your camera manual.

Day: Tuesday Time: 7:00 - 9:00 p.m. Date: 5/19 Place: BHS Room 239

Instructor: MaryAnn Kulla Fee: \$25.00

Adult Education, continued



Beginners Bridge

Learn to value hands, bid hands and play hands. Simple conventions will be taught. Class limited to 12 people. Please note that the class meets in the temporary location of the Senior center at

559B Federal Road.

Day: Monday Time: 6:30 – 8:30 p.m.

Session 1: 4/9 - 5/28 (6 wks)-no class 4/16, 5/14

Session 2: 6/18 – 7/23 (6 wks)

Fee: \$48.00/session Instructor: Irv Agard Place: Senior Center

Community First Aid & Safety

Instruction in Adult, Infant, and Child CPR and basic first aid in this 3-night course. Certification in Red Cross CPR and First Aid upon successful completion of course and

tests. Fee includes cost of skill cards.

Day: Tuesday Time: 6:30 - 9:30 p.m.

Dates: 4/21 - 5/5 (3 wks) Fee: \$93.00

Place: Town Hall Room Instructor: Susan Jowdy



Adult CPR Recertification

Recertification for people whose certification in Adult CPR is expiring. All participants will also receive new skill cards with updated

information from the Red Cross.

Day: Tuesday Time: 6:30 - 8:30 p.m.

Date: 5/12 Fee: \$34.00

Place: Town Hall Room Instructor: Susan Jowdy

Infant & Child CPR Recertification

Recertification for people whose certification in Infant and Child CPR is expiring. All participants will also receive new skill cards with updated information from the Red Cross.

Day: Tuesday Time: 6:30 - 8:30 p.m.

Date: 5/19 Fee: \$34.00

Place: Town Hall Room Instructor: Susan Jowdy

D.E.P. Boating Safety Course



Students of all ages successfully completing this course will satisfy the education requirements for the Connecticut State Boating Certificate, required for anyone who operates a boat. Participants must attend

all four classes. There is an additional \$25 certificate fee to the State, which you will mail in after successful completion of the class.

Session 1:

Day: Tuesday and Thursday (twice a week for 2 weeks)

Time: 7:00 - 9:30 p.m. Dates: 4/21, 4/23, 4/28, 4/30 Place: WMS Seminar Rm.

Fee: \$20.00 Session 2:

Day: Monday and Wednesday (twice a week for 2 weeks)

Time: 7:00 - 9:30 p.m. Dates: 5/11, 5/13, 5/18, 5/20 Place: WMS Seminar Rm.

Fee: \$20.00

Decorative Arts

Floral Design for Beginners

Our gardens will soon be in full bloom! Be ready to show off your hidden talents to your family and friends after your first class. This class is taught by a professional floral designer, and features the basic design of an arrangement, including round, one sided, and centerpiece arrangements. Additional materials fee of approximately \$25 must be paid to instructor each week to cover the cost of flowers. No experience is necessary! Please bring floral snips. Please note that the class meets in the temporary location of the Senior Center at 559B Federal Road.

Day: Monday Time: 7:30 - 9:30 p.m.

Date: 4/20 – 5/4 (3 wks) Fee: \$48.00

Place: Senior Center Craft Room Instructor: Shannon Schnuerer



Floral Design - Intermediate

Take what you already know and step it up a notch with the help of an experienced floral designer. Make larger and more interesting arrangements using unique containers and fresh flowers. Watch your creativity and knowledge

grow giving you beautiful arrangements to take home each week. Additional materials fee of approximately \$25 must be paid to the instructor each week. Please bring floral snips. Pre-requisite "Floral Design for Beginners" or floral experience. Please note that the class meets in the temporary location of the Senior Center at 559B Federal Road.

Day: Monday Time: 7:30 - 9:30 p.m.

Dates: 6/1 – 6/15 (3 wks) Fee: \$48.00

Place: Senior Center Craft Room Instructor: Shannon Schnuerer

Watercolor for Adults

Whether you are an artist just starting out or someone who has painted for a while, you will find this workshop fun, educational and inspiring. You will learn how to see colors in nature you have never seen before through the color wheel, and touch upon the importance of good drawing techniques as the bones of your painting. You will learn a wide variety of watercolor techniques while painting your own landscape by the end of the class, including values, learning first to see them in black and white then in color. Please ask for a materials list when registering (approximate cost \$40). Please note that the program meets in the temporary location of the Senior Center at 559B Federal Road.

Day: Thursday

Session 1: 4/23 – 5/28 (6 wks) Session 2: 6/18 – 7/23 (6 wks)

Time: 6:00 – 8:00 p.m. Fee: \$75.00/session
Place: Senior Center Craft Rm. Instructor: Victoria Lange

Decorative Arts, continued

Stained Glass for Beginners

Students will learn about the origins of glass, patterns and plans, glass selection and the use of tools and materials in this hands-on class. You will build one or two small projects (depending on their size) over the sevenweek program. You do not need to bring anything with you to the first class; however you will receive a materials list for purchase before the second class. Tools cost will be an additional \$80 – 100. There will also be additional charges for glass purchase, which will vary depending on the project and the glass that you select. Please note that the program meets in the temporary location of the Senior Center at 559B Federal Road.

Day: Tuesday Time: 6:00 - 9:00 p.m. Dates: 4/21 - 6/2 (7 wks) Place: Senior Center

Instructor: Mark Tomascak Fee: \$119.00



Beginning Sewing

Have you ever wanted to learn how to sew? Here's your chance in this program for students with little or no sewing background. The first class will meet at Joanne's Fabrics in

Brookfield, where the instructor will help you pick out a pattern and fabric suitable for the project that you'd like to complete. Over the next five weeks you'll be walked through the steps to complete your project, including how to read a pattern, and how to use a sewing machine. Additional materials cost will depend upon the project and fabric you select, but are estimated at \$40-100. (Be prepared to purchase at first class.)

Session 1: Mondays, 6:00 – 8:00 p.m.

Dates: 4/20 – 6/1 (6 wks) – no class 5/25

Session 2: Wednesdays, 7:00 – 9:00 p.m.

Dates: 4/22 - 5/27 (6 wks)

Place: WMS Home Ec. Room Instructor: Karen Ryavec

Fee: \$90.00/session

Basic Sewing Construction

Maybe you have been sewing for some time, but still wonder how to do certain things like put in zippers or sleeves. Or maybe you're a beginner who would like to learn the right way from the start. Whatever your experience, you're sure to learn something in this class. From zippers and buttons, to sleeves, interfacing and pockets, the instructor will demonstrate the proper way(s) to tackle each, and guide you as you practice on your own. Participants may need to purchase some additional materials, cost not to exceed \$25.00.

Day: Thursday Time: 6:00 – 8:00 p.m.

Dates: 4/23 – 5/14 (4 wks) Fee: \$69.00

Place: WMS Home Ec. Room Instructor: Debbie Vizi



We are always looking for new class ideas! If you have an area of expertise that you would be willing to share with others, please download a "class proposal form" from our website. Days and times of classes are flexible, and previous

teaching experience is not always necessary. Class proposals should be received by 8/3/09 to be considered for the fall program guide.

Adult Fitness

New ~ Heart Rate Training

Do you have a heart monitor and you aren't sure how to apply it to your workouts? Are you confused about heart rate zones? Do you know what your aerobic zone is? Do you know your lactate threshold zone and why these are important in training? This class will teach you how to use a heart monitor and apply it to your workouts. Whether you walk, run, bike or swim, this simple tool can greatly impact your workouts. The time spent exercising will be much more productive and efficient. Be sure to bring your monitor with you to class! Time: 7:00 – 8:00 p.m.

Day: Wednesday Dates: 4/22 - 4/29 (2 wks) Fee: \$30.00

Instructor: Cassie Dunn

Place: NO LIMIT Health and Fitness, 1120 Federal Road



Train for a 5K

Are you interested in running a 5K (3.1 mile) road race? Are you a walker who would like to try running? Are you a runner interested in improving your times? Come join Cassie Dunn in a group setting for a series of training runs

and short lectures. (Come dressed to run and bring a water bottle) You will learn how to design a training program based on your level of fitness, whether you are a walker or a runner. Each participant will be evaluated and given a training program to follow on their own until the next week's meeting. This program will meet for six weeks, culminating in the Mother's Day 5K on 5/10/09. (Registration for the 5K is included in the fee.) All fitness levels are welcome! Cassie Dunn, a former cross-country and track coach, lives in Brookfield. She is a certified personal trainer, Pilates instructor and spinning instructor.

Day: Saturday Time: 9:00 - 10:00 AM

Dates: 3/28 - 5/9 (6 wks) - no class 4/4 Place: Brookfield High School Track

Instructor: Cassie Dunn Fee: \$67.00

New ~ Train for a Triathlon

Have you thought about competing in a triathlon but you don't know where to begin? This winter workshop for the beginning tri-athlete will start your training so you will be fit and ready to compete this summer. You will train for the three sports involved in triathlon: swimming, cycling and running, each sport one time per week for a total of three workouts. We will swim together as a group on Mondays, the only time each week that we will meet as a group. (You must be able to swim 50 yards competently). Your biking and running workouts will have greater flexibility for the days and times that you would like to schedule them. Your biking will be indoors in a group cycling class at No Limit Fitness, 1120 Federal Rd Brookfield (morning and evening class times available, with babysitting) and running can be on a treadmill (babysitting options available) or outside, your choice. You will learn how to balance all of your training and a program will be designed for you. Come and be a part of this exciting sport! We must have a minimum of 6 participants for this workshop.

Monday Time: 7:30 - 9:00 p.m.

Dates: 4/20 - 6/1 (6 wks)- no class 5/25

Place: SWIMMING at The Dive Shop, 439 Federal Road

Instructor: Cassie Dunn Fee: \$159.00

Adult Fitness, continued

Indoor Group Cycling

Come SPIN your way to fitness! You've heard about it, now come and try it! This high-energy workout lets you train at YOUR fitness level in a group situation. In a darkened room, with a top-notch instructor and great music – you will have FUN while getting into the shape of you life! Regardless of your age, fitness level or experience – you will LOVE this! BABYSITTING AVAILABLE through No Limit Health and Fitness, please call 775-8548 for more information.

Session 1: INTRO TO SPIN Sat., 8:15 – 8:45 a.m.

Dates: 4/25 – 5/30 (6 wks) Fee: \$36.00 Dates: 6/6 – 7/11 (6 wks) Fee: \$36.00 Saturday, 9:00 - 10:00 a.m. Session 2: Dates: 4/25 - 5/30 (6 wks) Fee: \$72.00 Dates: 6/6 – 7/11 (6 wks) Fee: \$72.00 Session 3: Monday, 9:15 – 10:15 a.m.

Dates: 4/20 – 6/1 (6 wks)-no class 5/25 Fee: \$72.00

Dates: 6/8 - 7/13 (6 wks) Fee: \$72.00 Session 4: Monday, 6:00 – 7:00 p.m.

Dates: 6/8 – 7/13 (6 wks)

Dates: 4/20 – 6/1 (6 wks)-no class 5/25 Fee: \$72.00 Fee: \$72.00

Session 5: Wednesday, 9:15 - 10:15 a.m. Dates: 4/22 – 5/27 (6 wks) Fee: \$72.00 Dates: 6/3 - 7/8 (6 wks) Fee: \$72.00 Wednesday, 6:00 -7:00 p.m. Session 6: Dates: 4/22 – 5/27 (6 wks) Fee: \$72.00 Dates: 6/3 - 7/8 (6 wks) Fee: \$72.00

Session 7: Thursday, 6:00 –7:00 p.m. Dates: 4/23 – 5/28 (6 wks) Fee: \$72.00 Dates: 6/4 - 7/9 (6 wks) Fee: \$72.00 Session 8: Sunday, 9:15 – 10:15 a.m.

Dates: 4/26 - 6/7 (6 wks) - no class 5/24 Fee: \$72.00

Dates: 6/14 – 7/19 (6 wks) Fee: \$72.00

Place: NO LIMIT Health and Fitness, 1120 Federal Rd

B. L. T. or (Butt, Legs, and Tummy)

This is a body sculpting class targeting the lower body's "hot spots", the glutes, inner and outer thighs and the waistline. Taught by Nicole Vitale, the class includes muscle and strength building moves, like squats and lunges, combined with effective sculpting moves that are focused and intensive. Don't worry about learning dance moves or combinations, because this class is all about form and function! Change your

Nicole is a nationally ranked NPC Figure Competitor and a certified Health educator with a BS in Health Education. Nicole has been personal training for 12 years and teaching group fitness for 5 years. BABYSITTING AVAILABLE! Day: Tuesday Time: 5:00 - 6:00 p.m.

Session 1: 4/21 – 5/26 (6 wks) Session 2: 6/2 - 7/7 (6 wks)

Instructor: Nicole Vitale Fee: \$72.00/session Place: NO LIMIT Health and Fitness, 1120 Federal Rd

Adult Fitness - Aerobics, continued



Body Pump

A licensed program by Les Mills. It is the fastest way to shape up and lose body fat. Body Pump is a toning and conditioning class with weights and is just about for everybody. It's perfect for both

males and females who want to add strength training to their workout. Burn 600 calories per class, improve your bone density and watch your body change.

Session 1: Wednesday 9:15-10:15 a.m.

Dates: 4/22 – 6/24 (10 wks) Fee: \$120.00

Instructor: Dawn Masella

Session 2: Tuesday 5:30 - 6:30 p.m.

Dates: 4/21 – 6/23 (10 wks) Fee: \$120.00

Instructor: Liz Raftery

Session 4: Sunday 9:30 - 10:30 a.m.

Dates: 4/19 - 6/21 (10 wks) Fee: \$120.00

Instructor: Liz Raftery

Place: The Body Shop Fitness Club, 14 Delmar Drive

Body Pump and Cardio

The best of both worlds to shape your body. Thirty minutes of cardio followed by Body Pump. (See the description of Body

Pump above.)

Day: Friday Time: 9:15 – 10:15 a.m.

Dates: 4/24 – 6/26 (10 wks) Fee: \$120.00

Place: The Body Shop Fitness Club

Instructor: Dawn Masella



Cardio Bootcamp

A total body workout that is the latest trend in fitness. . It is the most efficient way to increase the intensity of your workouts and still have fun.

Beginners can start at their own level and join the fun. The intensity is up to you. This form of exercise offers the quickest results. Looking in the mirror never felt so good! Session 1: Saturday 9:15 – 10:15 a.m.

Dates: 4/18 – 6/20 (10 wks) Fee: \$120.00

Instructor: Donna Pace

<u>Session 2: Wednesday 5:30-6:30 p.m.</u> Dates: 4/22 – 6/24 (10 wks) Fee: \$120.00

Instructor: Donna Pace

Place: The Body Shop Fitness Club

Cardio Surprise

Variety is the spice. A cardio class that begins with a warmup and continues with various cardio workouts to keep your heart healthy. This class is for all levels.

Day: Friday Time: 5:30 – 6:30 p.m.

Dates: 4/24 – 6/26 (10 wks) Fee: \$120.00

Place: The Body Shop Fitness Club

Adult Fitness - Aerobics, continued



Zumba

Zumba is a great way to stay physically and mentally fit while meeting new people with similar interests. It is like no other workout you will ever experience! It is great for the mind, body and

soul... Zumba is based on the principal that exercise should be fun, which helps you stick with the program until you get results - the key to long term good-health. It's a feel good exercise program designed with a scorching fusion of world music and spicy dance rhythms. With its non-stop easy to follow choreography, you burn 500 to 800 calories per hour depending on how hard you work, and tone your body from head to toe. Zumba fitness utilizes aerobic interval training (combining fast and slow rhythms) to deliver an addictive, high energy, heart pumping cardiovascular workout you want to return to again and again.

Session 1: Tuesday, 9:10 - 10:10 a.m.

Dates: 4/21 – 6/23 (10 wks) Fee: \$120.00

Instructor: Brittany Guertin

<u>Session 2: Thursday, 9:10 – 10:10 a.m.</u> Dates: 4/23 – 6/25 (10 wks) Fee: \$120.00

Instructor: Charlotte Hess

Session 3: Monday 6:00 - 7:00 p.m.

Dates: 4/20 - 6/29 (10 wks)- no class 5/25 Fee: \$120.00

Instructor: Dolores Tirri

<u>Session 4: Wednesday 7:00 – 8:00 p.m.</u>
Dates: 4/22 – 6/24 (10 wks) Fee: \$120.00

Instructor: Lynda Muir

Session 5: Thursday, 5:30 - 6:30 p.m.

Dates: 4/23 – 6/25 (10 wks) Fee: \$120.00

Instructor: Brittany Guertin

Place: The Body Shop Fitness Club, 14 Delmar Drive

Adult Fitness - Pilates



Pilates Sculpt

This class combines traditional Pilates and body sculpting exercises using light weights, rings, and tubing for a total body workout. It is

an excellent workout for beginner exercisers through advanced participants. Master Instructor, Marni McNiff will guide you through this workout, recommending any necessary adjustments based on your individual needs. Watch your body change! BABYSITTING AVAILABLE!

Day: Thursday Time: 9:15 – 10:30 a.m. Session 1: 4/23 – 5/28 (6 wks) Fee: \$72.00/session Session 2: 6/11 - 7/16 (6 wks) Fee: \$72.00/session Place: NO LIMIT Fitness, 1120 Federal Rd, Brookfield

Pilates

A class that focuses on the ageless concepts of a strong center, positive alignment and mental focus. Improve torso strength, joint mobility and body posture with movements that increase your range of motion.

Session 1: Monday 9:10 - 10:10 a.m.

Dates: 4/20 - 6/29 (10 wks) - no class 5/25 Fee: \$120.00

<u>Session 2: Thursday 6:30 – 7:30 p.m.</u>

Dates: 4/23 – 6/25 (10 wks) Fee: \$120.00

Instructor: Ellen Serino

Place: The Body Shop Fitness Club

Adult Fitness - Yoga



Intro to Yoga with Jane

If you've never tried yoga, or would like a refresher on the basics, this is the class for you! On Tuesday evenings Kripalu certified teacher Jane Greenfield makes learning yoga safe, fun

and accessible in this class geared especially for beginners. Jane will teach the fundamentals of breathing and alignment in basic yoga poses, gently guiding each student to access their inner grace, strength, balance and wisdom. Each class concludes with a guided relaxation/meditation to leave you feeling restored, refreshed and ready to face the world. Day: Tuesday

Time: 6:00-7:30 p.m.

Day: Tuesday Time: 6:00-7:30 |
Dates: 4/21 – 6/23 (10 wks) Fee: \$140.00

Place: YogaSpace, 777 Federal Rd

Mixed-Level Yoga with Dina

Certified teacher and YogaSpace partner, Dina Ferrante offers each student the opportunity to breath deeply and let go completely as they move through a varied series of yoga postures. This class is suitable for both beginning and more advanced students with modifications offered as appropriate. Start your week off deeply connected with all aspects of yourself, physically, emotionally and spiritually and leave class feeling peaceful and present.

Day: Monday Time: 9:30 - 11:00 a.m.

Dates: 4/20 – 6/22 (9 wks) – no class 5/25 Place: YogaSpace, 777 Federal Rd

Fee: \$ 126.00



Core Yoga with Sarah

This Pilates-infused Yoga class delivers the strength benefits of Yoga through an abdominal core focus. Yoga flowing from the core can take

your practice deeper into lengthening, strengthening and stabilizing. Beginner and intermediate students welcome. Day: Thursday Time: 9:30-11:00 a.m.

Dates: 4/23 – 6/25 (10 wks) Fee: \$ 140.00

Place: YogaSpace, 777 Federal Rd

Yoga

Yoga is a balancing of the entire body, which reaches every level of your being. It is modified to every person's ability from beginner to advanced. It is wonderful on its own or an excellent compliment to any sport or physical activity.

Session 1: Tuesday, 4:30 - 5:30 p.m.

Dates: 4/21 – 6/23 (10 wks) Fee: \$120.00

Session 3: Thursday, 4:30 - 5:30 p.m.

Dates: 4/23 – 6/25 (10 wks) Fee: \$120.00

Place: The Body Shop Fitness Club, 14 Delmar Drive

Instructor: Penny Cidri

Adult Fitness - Dance

For all of our dance classes, ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Even though dances are reviewed repeatedly, students are expected to practice on their own between classes as well.

Ballroom and Latin Mix for Singles



We've had so many requests for this class! No need to be part of a couple (or have your other half with you) in order to participate. Join other people like yourself who want to learn ballroom and latin dances. Emphasis will be placed on mastering each step before moving on to new dances. Please note the dress code for

participation in dance classes. Ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Our instructor, Galina Andracchio, a former Russian competitor, is a member of the International Dance Teachers Association.

Day: Tuesday Time: 6:00 – 6:45 p.m. Place: WMS- Cafeteria Fee: \$65.00/person

Dates: 4/21 - 6/9 (8 wks)

Strictly Ballroom Dance

Do you have a wedding, anniversary party or class reunion in your future? Would you like to impress your friends with some new moves? In addition to the physical benefits of dancing, mentally dancing serves as a wonderful stress release. The dances you learn will be selected at the instructor's discretion and may include: Fox Trot, Slow Waltz, Tango, Viennese Waltz and Quick Step. Emphasis will be placed on mastering each step before moving on to new dances. Please note the dress code for participation in dance classes. Ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Our instructor, Galina Andracchio, a former Russian competitor, is a member of the International Dance Teachers Association.

Day: Tuesday Time: 6:45 – 7:30 p.m. Place: WMS- Cafeteria Fee: \$65.00/person

Dates: 4/21 – 6/9 (8 wks)



Latin Dance

What better way to beat the blues? Come and learn the spicy Mambo/Salsa and Cha-Cha that is found in much of today's popular music. Samba, the "dance of love" Rumba, and East Coast Swing also known as Jive are among the dances you may learn this session at the instructor's discretion.

Emphasis will be placed on mastering each step before moving on to new dances. Please note the dress code for participation in dance classes. Ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Our instructor, Galina Andracchio, a former Russian competitor, is a member of the International Dance Teachers Association.

Day: Tuesday Time: 7:30 – 8:15 p.m. Place: WMS Cafeteria Fee: \$65.00/person

Dates: 4/21 – 6/9 (8 wks)

Adult Leagues and Open Gyms



Men's Softball League

Planning is already well underway for the 2009 season. Interested teams should attend the next meeting on Tuesday, March 24, 7:00 p.m. in Room 119 of Town Hall. Interested

individuals who are looking to be placed on a team should attend the Tuesday, April 21 meeting at 7:00 p.m. in Room 134 of Town Hall. Interested teams or individuals who cannot attend the scheduled meetings should contact League Director Jason Maxwell by email at bmslmaxwell@hotmail.com.

Open Basketball Ongoing Monday night open play for Brookfield residents and their guests age 18 and over. Pay \$5.00 nightly at the door.

Days: Monday Time: 7:30 – 9:30 p.m. Dates: 11/10/08 – 4/6/09 Place: BHS Gym

Open Volleyball Ongoing Wednesday night open play for adults 18 and over. Pay \$5.00 nightly at the door.

Days: Wednesday Time: 7:30 – 9:00 p.m. Dates: 11/5/08- 4/8/09 Place: WMS Gym

Indoor Soccer Thursday night open play for Brookfield residents and their guests age 18 and over. Purchase a season pass for \$45.00 or pay \$5 nightly at the door.

Days: Thursday Time: 7:30 – 9:00 p.m. Dates: 1/8 – 4/2 (12 wks) Place: HHES Lower Gym

Fee: \$5.00/night or \$45.00/season pass

Adult Fitness – Tennis

Tennis partner, anyone?

We have had requests from several residents who are looking for additional people to play tennis with. If you are interested in being contacted by other residents who play, or would like to contact others, please email Donna Korb, Administrative Assistant at pradmin@brookfield.org by May 1. She may also be reached by phone at 775-7310.

Please include your name and preferred method of contact (including phone number or email address). It would also be helpful if you noted whether you prefer singles or doubles as well as your approximate playing level if known. We will be compiling a list to distribute to all who responded in mid-May.



We are always looking for new class ideas! If you have an area of expertise that you would be willing to share with others, please download a "class proposal form" from our website. Days and times of classes are flexible, and previous

teaching experience is not always necessary. Class proposals should be received by 8/3/09 to be considered for the fall program guide.

Adult Fitness – Golf



Short Game School

The short game makes up for at least 60 – 70% of the shots in a given round of golf. Yet most people spend very little time practicing their short game, or learning proper technique. The program will include work with pitch shots (full, partial, lob or flop shots, stopping vs. running

shots, different club selection, changing trajectory, uneven lies); sand play (greenside bunker shots, medium and long bunker shots, uneven lies, firm vs. soft sand, different club selection, buried lies and fried eggs); chipping (club selection, different lies, chipping with woods), putting (different putters, different styles and grips, lag putt, short putts, and reading greens. There is a maximum of six people per class so that students will receive individual attention. Available for adults and juniors 15 years and up. All classes are held on Saturdays, 10:00 a.m. – 12:30 p.m. The cost for each class is \$85.00. Choose from one of the following dates:

 April 18
 May 2
 May 16

 June 6
 June 20
 July 11

 July 25
 August 8
 August 22

6

Adult Golf Lessons

Open to golfers of all skill levels, these classes are intended to provide students with a solid base in the fundamentals of golf, as well as to get them prepared to play and

to enjoy the game. The classes are ideal for both beginners who have never played before and for more experienced players who want to improve one or all aspects of their game. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons Class 2: Review/Set-up and Swing with Woods

Class 3: Pitch Shots and Bunker Play

Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5 iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$110.00 for any one month of four classes. Classes meet 6:30–7:30 p.m.

April: 4/6, 4/13, 4/20, 4/27 (Mon)** Meets 6:00 - 7:00 p.m.

May: 5/6, 5/13, 5/20, 5/27 (Wednesdays) June: 6/2, 6/9, 6/16, 6/23 (Tuesdays) July: 7/9, 7/16, 7/23, 7/30 (Thursdays) Aug: 8/3, 8/10, 8/17, 8/24 (Mondays)

Women Only Classes (Beginner)

April: 4/7, 4/14, 4/21, 4/28 (Tues)**Meets 6:00 – 7:00 p.m.

May: 5/7, 5/14, 5/21, 5/28 (Thursdays) June: 6/3, 6/10, 6/17, 6/24 (Wednesdays) July: 7/6, 7/13, 7/20, 7/27 (Mondays) Aug: 8/5, 8/12, 8/19, 8/26 (Wednesdays)

Adult Intermediate

May: 5/5, 5/12, 5/19, 5/26 (Tuesdays) June: 6/1, 6/8, 6/15, 6/22 (Mondays) July: 7/8, 7/15, 7/22, 7/29 (Wednesdays) Aug: 8/4, 8/11, 8/18, 8/25 (Tuesdays)

Tots Activities



Jumpin' Beans

Children will increase socialization skills and coordination through musical games and movement activities with their parent or caregiver

and other children 18 - 24 months old.

Day: Wednesday Time: 9:15 – 10:00 a.m.

Session 1: 4/1, 4/8, 4/22, 4/29 (4 classes) Session 2: 5/13, 5/20, 5/27, 6/3 (4 classes) Place: Congregational Church, Fellowship Hall

Instructor: Pam Zavarelli Fee: \$39.00/session

Two Good to be True

Children ages 2-3 and parent or caregiver will meet for songs, stories and arts & crafts. Activities will foster development of fine motor and language skills while having fun and making friends! Please bring a snack. We offer two time slots for this popular program, please specify time and session when registering.

Instructor: Jen Tomaino Fee: \$45.00/session

Day: Wednesday Time: 10:15 – 11:15 a.m.

Day: Wednesday Time: 11:15 a.m. – 12:15 p.m.

Place: Congregational Church, Fellowship Hall

Session 1: 4/1, 4/8, 4/22, 4/29 (4 classes) Session 2: 5/13, 5/20, 5/27, 6/3 (4 classes)



Explorers

Children ages 3 $\frac{1}{2}$ - 5 will meet for games and a variety of activities including storytelling, mini-puppet shows, no-cook foods, and arts & crafts. Please bring a snack and a smock. Please note that children must be

potty trained to attend. Class size limited to 12.
Instructor: Jen Tomaino Fee: \$61.00/session

Day: Wednesday Time: 12:15 - 1:45 p.m.

Place: Congregational Church, Fellowship Hall

Session 1: 4/1, 4/8, 4/22, 4/29 (4 classes) Session 2: 5/13, 5/20, 5/27, 6/3 (4 classes)



'Lil Chefs

Children ages 3 and 4 will enjoy making no cook foods, as well as hands-on activities involving food and measurement. Please make us aware of any food allergies before the first class.

Day: Thursday

Session 1: 4/9, 4/23, 4/30, 5/7 (4 wks) Session 2: 5/21, 5/28, 6/4, 6/11(4 wks)

Time: 10:00 – 11:00 a.m.

Place: Congregational Church, Fellowship Hall Instructor: Jen Tomaino Fee: \$63.00 /session

Tots Activities, continued



Tumbling Tots

Children 2-5 will meet for games, basic tumbling skills and energetic fun in a gym setting. We offer 2 time slots for this popular program; 9:30 - 10:30

a.m. for age 4-5 with or without parent and 10:30 - 11:30 a.m. for ages 2-3 with parent or caregiver. Please specify time and session when registering.

Day: Friday Fee: \$64.00/session

Time for Ages 4-5: 9:30 – 10:30 a.m. Time for Ages 2-3: 10:30 – 11:30 a.m. Session 1: 4/24, 5/1, 5/8, 5/15 (4 wks) Session 2: 5/29, 6/5, 6/12, 6/19 (4 wks) Place: Tropical All-Stars, 558 Federal Road Instructors: Pam Zavarelli & Jen Tomaino

Ballet and Creative Movement for Tots

Children will explore the many ways their bodies can move, and use their imaginations for self-expression in this ballet and creative movement class for ages 3 - 5. There will be an open class performance for parents at the last class. Ballet slippers and leotards are preferred for participants, but not mandatory.

Day: Friday Time: 4:15 - 5:00 p.m.

Dates: 4/24 – 6/12 (8 wks) Fee: \$45.00

Place: Center School Café Instructor: Holly Gundolfi



Singing and Signing

Babies can sign before their first words are spoken! Toddlers and Pre-school age children will enjoy dancing and singing as well as learning many words in sign language.

Together, you and your little ones will build a vocabulary of over 25 signs including foods, animals, feelings, colors and more. (All signs based on ASL) Don't miss this fun and easy learning experience for yourself and your child! We have divided the times by ages. Please specify what time and session you would like when registering. Class size is limited to 15 children.

Day: Tuesday Instructor: Janine Lamendola Infants and Toddlers (up to age 3): Time: 10:00 -10:45 a.m.

Preschool – K (ages 3 to 5) Time: 11:15 a.m. – 12:00 p.m.

Session 1: 3/31, 4/7, 4/21, 4/28 (4 classes) Session 2: 5/12, 5/19, 5/26, 6/2 (4 classes) Session 3: 6/23, 6/30, 7/7, 7/14 (4 classes)

Place: Newbury Congregational Church, 126 Tower Road

Fee: \$43.00/session

Two, Three, Four... Crafts and More!

Mom or Dad, enjoy an hour to yourself while your children age 2-4 are expressing their creative side. This is a fun and exciting arts and craft class, with children completing a different activity each week to develop a range of skills.

Day: Monday

Session 1: 4/6, 4/20, 4/27, 5/4 (4 wks) Session 2: 5/18, 6/1, 6/8, 6/15 (4 wks)

Time: 10:00 - 11:00 a.m.

Place: Newbury Congregational Church

Instructor: Pam Zavarellii Fee: \$49.00/session

Center After School

Get into the Kitchen

Children in grades K and 1 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement. Recipes will be duplicated in both of the classes. Classes meet in the Center School Pre-School Room, 3:15 – 4:15 p.m. Fee is \$45.00/session.

Day: Tuesday Instructor: Jen Tomaino

Session 1: 4/7, 4/21, 4/28, 5/5 (4 wks) Session 2: 5/19, 5/26, 6/2, 6/9 (4 wks)

Day: Wednesday Instructor: Jen Tomaino

Session 1: 4/8, 4/22, 4/29, 5/6 (4 wks) Session 2: 5/20, 5/27, 6/3, 6/10 (4 wks)

Ballet and Creative Movement for K/1



Children will explore the many ways their bodies can move, and use their imaginations for self-expression in this ballet and creative movement class for children in grades K and

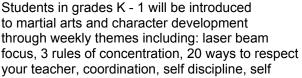
1. There will be an open class performance for parents at the last class. Ballet slippers and leotards are preferred for participants, but not mandatory.

Day: Friday Time: 3:15 - 4:15 p.m.

Dates: 4/24 - 6/12 (8 wks) Fee: \$45.00

Place: Center School Cafe Instructor: Holly Gundolfi

Little Dragons



control, physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Thursday Time 3:15 - 3:45 p.m.

Dates: 4/23 – 5/14 (4 wks) Fee: \$28.00

Place: Center School Cafeteria Instructor: Zandri's Martial Arts

Pillow Polo

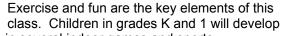
Physical fitness, agility and coordination are the benefits from this team sport for grades K and 1. Rules of floor hockey are followed and nerf equipment is used.

Day: Wednesday Time: 3:15 - 4:15 p.m.

Dates: 4/8 - 6/3 (8 wks)-no class 4/15

Place: Center School - Gvm Fee: \$40.00

Sports Celebrated!



basic skills in several indoor games and sports.

Day: Thursday Time: 3:15 - 4:15 p.m.

Dates: 4/9 - 6/4 (8 wks)-no class 4/16

Place: Center School - Gym Instructor: Kylie D'Arcangelo

Fee: \$40.00

Center After School, continued

Nature All Around Us

Students in grades K-1 will explore the nature and the local environment through games, experiments, and projects. Topics covered will include everything from bird, tree and flower identification to recycling, gardening and the weather.

Time: 3:15 - 4:15 p.m. Day: Thursday Place: Center School Art Rm. Fee: \$45.00/session

Instructor: Jen Tomanio

Session 1: 4/9, 4/23, 4/30, 5/7 (4 wks) Session 2: 5/21, 5/28, 6/4, 6/11 (4 wks)

Huckleberry After School

The Wizard's School of Magic

Students in grades 1 – 4 will learn five magic tricks from Tom O'Brien, a full-time professional magician, whose credits also include appearances on the Fox 61 Morning Show and WFSB's Better Connecticut. Tom O'Brien is a master at his craft

and is a wonderful and entertaining teacher as well. All students will receive their own magic kits containing the props necessary to perform them at home, and a magic wand! Please register soon before the spaces - alakazaam disappear!

Presto – Magic Workshop 3: Fee: \$15.00

Tuesday, March 24, 3:50 – 4:50 p.m., HHES Music Rm.

Bowling

Each class features two games of bumper bowling for students in grades 2 - 4. Bus transportation is provided from Huckleberry Hill School to Brookfield Lanes by school bus.

When sending in a note each week to the school, please include that your child is attending bowling on bus #26. Pickup is at Brookfield Lanes.

Day: Thursday Time: 3:50 - 5:30 p.m.

Session 1: 4/23, 4/30, 5/7, 5/14 (4 wks) Session 2: 5/21, 5/28, 6/4, 6/11 (4 wks)

Fee: \$48.00/session Instructor: Dave Miller

Place: Brookfield Lanes

Basic Drawing and Watercolor

Students in grades 2 – 4 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at their ability level, culminating with the completion of a painting. Please ask for a materials list when registering. (Materials cost is approximately \$40.00.) Bring a snack and a drink each week.

Day: Tuesday Time: 3:50 - 5:20 p.m.

Dates: 4/7 - 6/2 (8 wks)-no class 4/14Place: Huckleberry Hill- Room 201

Instructor: Victoria Lange Fee: \$85.00

Junior Floor Hockey

Students in grades 2 - 4 will learn the basic rules of floor hockey and participate in games. All students are required to bring their own goggles.

Day: Wednesday Time: 3:50 - 4:50 p.m.

Dates: 4/8 - 6/3 (8 wks)-no class 4/15 Place: HHES Upper Gym Fee: \$40.00

Instructor: Jeff Woronick

Huckleberry After School, continued

Impressionistic Art Through the Eyes of a Child

We all know Madame Minier as a wonderful French teacher, but did you know that she has a degree in art history, as well? Students in grades 2-4 will discover the world of Impressionistic Art and be taken on a magical journey through the paintings of Degas, Renoir, Gauguin, Monet and Van Gogh. Madame Minier will read stories about children their age who have been on adventures to impressionistic museums, trips to Paris, visits to Monet's gardens and learn to appreciate the brilliance of these artists. Through books, pictures, movies and more, children will study, analyze and express their feelings about several famous works by these artists and then using colored pencils will create a book of their own renditions.

Day: Thursday Time: 3:50 - 4:45 p.m.

Dates: 4/9 - 6/4 (8 wks) - no class 4/16

Place: HHES Art Room Fee: \$72.00

Instructor: Margee Minier

French Fantastique

Now offered as a before school activity! Studies have shown that the earlier a child is exposed to a second language, the more quickly they excel. Learn French the fun way through music, colorful crafts and instruction. Students in grades 2-4 will learn about French foods, geography, famous buildings, as well as the basic greetings, alphabet, counting, colors and lots of vocabulary. Each student will receive a folder full of creative activities in French. Parents, please escort your child to the Music Room at each class meeting.

Dav: Fridav Time: 8:10 – 9:10 a.m.

Dates: 4/24 – 6/12 (8 wks) Fee: \$72.00

Place: HHES – Music Room Instructor: Margee Minier

New ~ All Dolled Up

Bring in your favorite doll or stuffed animal and create an outfit made especially for them! Students in grades 2 - 4 will learn how to make a pattern and basic hand sewing in order to create an outfit. Bring in a picture of an outfit that you like, and we'll try our best to replicate it! Students should bring a few items to the first class including; a pencil, ruler, scissors and a sewing tape measure as well as the doll or stuffed animal that they wish to dress. Students will also need to purchase material to bring with them to the second class.

Time: 3:50 - 5:20 p.m. Day: Friday

Dates: 4/24 - 5/29 (6 wks) Fee: \$68.00

Place: HHES Instructor: Karen Ryavec



Flag Football

Students in grades 2-4 will be introduced to the basics in this non-contact class.

Day: Thursday Time: 3:50 - 4:50 p.m. Dates: 4/9 - 6/4 (8 wks)-no class 4/16 Fee: \$40.00

Place: HHES Lower Gvm Instructor: Dillon Heckmann

Huckleberry After School, continued

New ~ Stretch, Flex & Focus: Adult & Child Stretch Class

Calling all HHES parents and students... Enjoy the benefits of stretching while spending some quality time together. We will work on soothing stiff muscles and improving flexibility as well as mental focus while utilizing stretching exercises that are done cooperatively. Please Note: It takes two to Tango (or in this case, to stretch), so... each adult must bring a child and each child must bring an adult.

Day: Wednesday Time: 8:15 – 8:45 a.m. Dates: 5/6 – 5/27 (4 wks) Fee: \$15.00 per pair Place: HHES Lower Gym Instructor: Terri Richman



Drawing Mixed Media

Paint, Draw & More! drawing classes teach young artists in grades 1-4 to draw what they see, to enhance their drawings with

their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts. For more information about Paint Draw and More programs, visit www.paintdrawmore.com

Day: Friday Time: 3:50 p.m. – 5:20 p.m. Dates: 4/24 – 6/12 (8 wks) Place: HHES Art Room Instructor: Paula Anderson of Paint, Draw & More!

Fee: \$168.00/session (all materials included)

Good Eats!

Students in grades 2 – 4 will learn kitchen basics including recipe preparation, measuring, and procedures, all sprinkled with a lot of fun. Please make us aware of any food allergies when registering.

Day: Wednesday Time: 3:50 - 4:50 p.m. Instructor: Pam Zavarelli Place: HHES Art Room

Session 1: 4/8, 4/22, 4/29, 5/6 (4 wks) Session 2: 5/20, 5/27, 6/3, 6/10 (4 wks)

Fee: \$45.00/session



Martial Arts for Beginners

Students in grades 2 - 4 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your

teacher, coordination, self discipline, self control, physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-

Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class.

Contact them at 775-7150.

Day: Friday Time: 3:50 - 4:35 p.m.

Dates: 4/24 - 5/15 (4 wks) Fee: \$28.00

Instructor: Zandri's Martial Arts

Place: Huckleberry Hill School - Lower Gym

Huckleberry After School, continued

Felt Punching

Be among the first to learn about the latest craze in sewing...felt punching! Using a special machine (with safety features), students in grades 2-4 will actually "punch" decorative fabrics into a base fabric to make designs on bookmarks, a felt belt, a pocketbook or change purse and a wall hanging. All materials are included, just bring your imagination!

Day: Monday Time: 3:50 – 5:20 p.m.

Dates: 4/20 – 5/11 (4 wks) Fee: \$59.00

Place: HHES Art Room Instructor: Debbie Vizi

Learn to Twirl

Students in grades 2-4 will be taught the basic skills of baton twirling by Sara Flood, a world and national champion baton twirler who lives right in Brookfield! Participants will gain hand eye coordination, learn new tricks and a dance twirl routine, but most importantly have FUN!!! Open to everyone, those who are complete beginners as well as students with some previous experience. All participants will receive their own baton and t-shirt. Please wear sneakers and "gym class" clothing and bring a snack and a drink each week.

Day: Wednesday Time: 3:50 - 5:20 p.m.

Dates: 4/8 - 6/3 (8 wks) - no class 4/15

Place: HHES Lower Gym Fee: \$66.00

Instructor: Sara Flood

New ~ Drawing on Your Mind

Students in grades 2 – 4 will focus on the basics of drawing: line, shape, form, value, composition and perspective with Mark Gerber, a professional Illustrator and Brookfield Resident (www.gerberstudio.com). Students will be shown how to observe, how to think about what they see, and how to translate that to paper. And along the way they'll have some fun creating drawings from those things that we see and some that we don't, from still life to monsters to cartoons. A few basic supplies will need to be provided by the student. Please ask for a materials list when registering. Students should bring a snack and a drink each week.

Day: Thursday Time: 3:50 – 5:20 p.m.

Dates: 4/23 – 5/28 (6 wks) Fee: \$68.00

Place: HHES Art Room Instructor: Mark Gerber

Whisconier After School

Ice Cream Social -Grades 5 & 6



We're scooping up tons of fun for 5th and 6th Graders at our 11th Annual Ice Cream Social on Friday, June 5. Social will be held at the Town Park (Beach), and features games, swimming, and ice cream. Leave from WMS by chartered

bus at 2:30 p.m. Parents are to pick up students at the Town Park at 5:00 p.m. Fee is \$10.00 per student, and preregistration is required.

Whisconier After School, continued



American Red Cross Babysitter's Training

American Red Cross Babysitter's Training gives 11-15 year olds the skills and

confidence they need to become great babysitters. This 6-hour class covers training in care giving, decision making, safety and first aid skills, and preventing and responding to emergencies. Course participants receive The Babysitter's Training Handbook, which provides course review and 30 easy-to-follow first aid action plans for handling emergencies. Red Cross Babysitter Certification cards will be awarded upon successful completion. Please bring a lunch and drink and a pen or pencil. Class meets in the Town Hall.

Session 1: Friday, March 20, 9:00 a.m. – 3:00 p.m.
Session 2: Friday, April 17, 9:00 a.m. – 3:00 p.m.
Instructor: Peggy Boyle Fee: \$60.00/session

Successful Study Skills for Middle School

Good study skills and strategies can mean the difference between failure and success in school. These abilities become more and more vital as workloads increase for students moving through middle and high school. In this one-day overview program students will be introduced to organizational and study strategies along with time management guidelines and test taking tips. Students will leave with several handouts to help them put these guidelines into action in the real world. This is a limited small group session taught by an experienced teacher of Study Skills. Day: Saturday

Time: 10:00 a.m. – 12:00 p.m.

Date: 5/2 Fee: \$35.00 Place: Tutoring Club, 270 Federal Road

Instructor: Elaine Krause

Basic Drawing and Watercolor



Students in grades 5 – 8 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at their ability level, culminating

with the completion of a painting. Please ask for a materials list when registering. Materials cost is approximately \$40.00. Bring a snack and a drink each week. Late bus transportation is available from WMS after school for this program.

Day: Monday Time: 2:30 – 4:00 p.m.

Dates: 4/6 - 6/8 (8 wks)-no class 4/13, 5/25

Place: WMS Art Room Instructor: Victoria Lange

Fee: \$85.00

New ~ Cooking 101

This class will teach students in grades 5 through 8 how to cook everything from nutritious snacks to delicious meals and desserts. Cooking techniques, ingredient selection and substitutions, kitchen safety and balanced meal creation will all be covered in this hands-on class. Students will have the opportunity to taste their creations and take home the recipes. All materials are covered in the fee.

Day: Monday Time: 2:30 – 4:00 p.m.

Dates: 4/6 – 5/11 (4 wks) – no class 4/13, 5/4

Fee: \$68.00 Instructor: Jen Tomaino

Place: WMS Home Ec. Room

Whisconier After School, continued

Sew for Yourself!

Students in grades 5-8 will practice basic sewing skills as they create useful projects including pajama bottoms and a tote bag. The instructor will call everyone the week before class starts to go over what material to bring to the first class.

Day: Thursday Time: 2:30 – 4:00 p.m.

Dates: 4/23 – 5/21 (5 wks) Fee: \$69.00

Place: WMS Home Ec. Room Instructor: Debbie Vizi



Weight Training for Beginners

These classes are designed to teach students ages 12-14 the fundamentals of weight training.

Students will learn to use weight training equipment, in a supervised format that emphasizes safety. Upon completion of this course, students will be able to follow a workout with weights, using proper form and technique. Classes are limited to 6 students to allow for individual attention.

Days/Times: Tues. 3:30 - 4:30 p.m. & Sat. 9:15 - 10:15 a.m.

Dates: 5/5, 5/9, 5/12, 5/16, 5/19, 5/26, 5/30 (7 classes) Instructor: Rob Delavega Fee: \$150.00

Place: NO LIMIT Fitness. 1120 Federal Rd. Brookfield



Golf Lessons for Juniors

These classes are intended to provide students ages 8-15 with a solid base in the fundamentals of golf, as well as to get them prepared to play and to enjoy the game. The

classes are ideal for both beginners who have never played before and for more experiences players who want to improve one or all aspects of their game. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons Class 2: Review/Set-up and Swing with Woods

Class 3: Pitch Shots and Bunker Play

Class 4: Chipping and Putting

Also included will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5 iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$110.00 for any one month of four classes. All classes meet 4:30 – 5:30 p.m. at Golf Quest, 1 Sand Cut Road.

April: 4/6, 4/13, 4/20, 4/27 (Mondays) May: 5/7, 5/14, 5/21, 5/28 (Thursdays) June: 6/3, 6/10, 6/17, 6/24 (Wednesdays) July: 7/7, 7/14, 7/21, 7/28 (Tuesdays) August: 8/6, 8/13, 8/20, 8/27 (Thursdays)

New ~Volleyball Clinic Grades 5 - 8

Students in grades 5-8 will learn the basics of volleyball including: serving, hitting, passing, setting and court position. This is a great introduction for those who are considering playing volleyball at BHS and want to learn more about the sport, as well as for those who just want to get some exercise and have some fun!

Day: Monday Time: 2:30 – 4:00 p.m.
Dates: 4/6 – 6/8 (8 wks) – no class 4/13, 5/25
Fee: \$78.00 Instructor: Rachel Korb

Place: WMS Gym

Whisconier After School, continued

New ~ Drawing on Your Mind

Students in grades 5 - 8 will focus on the basics of drawing: line, shape, form, value, composition and perspective with Mark Gerber, a professional Illustrator and Brookfield Resident (www.gerberstudio.com). Students will be shown how to observe, how to think about what they see, and how to translate that to paper. And along the way they'll have some fun creating drawings from those things that we see and some that we don't, from still life to monsters to cartoons. A few basic supplies will need to be provided by the student. Please ask for a materials list when registering. Students should bring a snack and a drink each week.

Day: Tuesday Time: 2:30 – 4:00 p.m.

Dates: 4/21 – 5/26 (6 wks) Fee: \$68.00

Place: WMS Instructor: Mark Gerber

Brookfield High School

Nut and Bolts of College Admissions

How do you really get into the schools you want? Perhaps your student is beginning the college planning process. But where do you start? This evening we will cover topics that can really make a difference as they make their choices. For example, choosing the school that fits your interests and qualifications, making a good impression on the admissions team, writing that admissions essay, and the real impact of your SAT/ACT scores and how all this is so important. This evening is recommended for families of seniors in the admission process and juniors who want a head start in their college search.

Day: Thursday Time: 7:00 – 9:00 p.m.
Date: 4/23 Fee: \$25.00/family
Place: Tutoring Club, 270 Federal Road

Instructors: Bill Gross, Owner; Elaine Krause, facility director,

as well as Academic Director

New ~Volleyball Clinic Grades 9 - 12

Students in grades 9-12 will hone their volleyball skills including: serving, hitting, passing, setting and court position. This is a great opportunity for those who have played or are considering playing volleyball at BHS and want to learn more about the sport.

Day: Monday Time: 7:00 – 8:30 p.m. Dates: 4/6 – 6/8 (8 wks) – no class 4/13, 5/25 Fee: \$78.00 Instructor: Keith Korb

Place: WMS Gym

We are currently accepting applications for the following seasonal summer positions:



Lifeguard, Camp Counselor

The Town of Brookfield is an equal opportunity employer. Contact the Parks & Recreation

Office at 775-7310 for more information.

Applications are available for download from our website or at the Parks & Recreation Office in Town Hall.

Deadline for applications: 3/20/09

Full Day Camps - Camp Cadigan

CAMP REGISTRATION BEGINS MARCH 30 IN PERSON OR BY MAIL. You may register over the telephone beginning April 6 using MC, Visa, or Amex.

WEEK 1: June 29 – July 2 (Monday – Thursday)

WEEK 2: July 6 - 10 WEEK 3: July 13 - 17 WEEK 4: July 20 - 24 WEEK 5: July 27 - 31 WEEK 6: August 3 - 7

WEEK 7: August 10 - 14* *FULL DAY CAMPS ONLY**

Camp Cadigan



This outdoor- based camp supervised by Jenny Riddle, is for children entering grades 3 to 6. Activities include tennis, soccer, wiffleball, open swim, outdoor games, a variety of arts & crafts, and special theme day activities. Trips will be made to local

entertainment (such as bowling, mini-golf, or the movies) twice a week, or in the event of severe inclement weather. Camper/counselor ratio will not exceed 8:1. and is often quite lower. Campers should bring a lunch, a snack, swimwear, sunscreen and a change of clothes each day. Detailed letters will be mailed out to the parent(s) of all registered campers one week before their session begins.

Time: 9:00 a.m. to 5:00 p.m. Days: Monday - Friday Place: Cadigan Pavilion Weeks: See above Fee: \$170.00/week*

*Please note that the fee for week #1 has been discounted to

\$136.00 because of the shortened week.

Camp Cadigan Early Morning Drop Off/Late Afternoon Pick Up

Campers can come to Camp Cadigan as early as 8:00 a.m., and stay as late as 6:00 p.m. **PRE-REGISTRATION IS REQUIRED**. Fee is \$4.00 per day for either early drop off or late pick up.

What is a typical day at Camp Cadigan?

9:00 - 9:30 a.m.

Camper's Choice (Board Games, Tennis, Catch, etc.)

9:30 - 10:15 a.m.

Group Games (Kickball, Wiffleball, Red Rover, etc.)

<u>10:15 – 10:30 a.m.</u> Snack

10:30 a.m.- 12:00 p.m.

Beach (Swimming, Basketball, Nukem, Shuffleboard)

12:00 – 12:30 p.m. Lunch

12:30 – 1:30 p.m.

Camper's Choice / Arts & Crafts /Theme Activities/ Games

1:45 – 4:00 p.m.

Beach (Swimming, Basketball, Nukem, Shuffleboard,

4:00 – 5:00 p.m.

Group Games/Camper's Choice

Full Day Camps - Camp Voyager

CAMP REGISTRATION BEGINS MARCH 30 IN PERSON OR BY MAIL. You may register over the telephone beginning April 6 using MC, Visa, or Amex.

WEEK 1: June 29 – July 2 (Monday – Thursday)

WEEK 2: July 6 - 10 WEEK 3: July 13 - 17 WEEK 4: July 20 - 24 WEEK 5: July 27 - 31 WEEK 6: August 3 - 7

WEEK 7: August 10 - 14* *FULL DAY CAMPS ONLY**



Camp Voyager

Campers entering grades 5 - 8 will be engaged in a variety of activities everyday from swimming, roller-skating, bowling, miniature golfing and hiking to visits to amusement parks, water parks and ball games in this camp

supervised by Kylie (Himebaugh) D'Arcangelo. All trips, bus transportation, and a T-shirt for each camper are included in fee. Air-conditioned coach buses will be used daily to transport campers. A schedule of all activities, as well as suggestions for what to bring to camp each day will be mailed to all registered campers one week before their session begins. Camper to counselor ratio will not exceed 8:1. Campers will visit either Mountain Creek Water Park or Lake Compounce Amusement Park each week, in addition to four other fun-filled camp days.

Time: 9:00 a.m. to 5:00 p.m. Days: Monday - Friday Place: Huckleberry Hill School

Weeks: See above Fee: \$250.00/week

*Please note that the fee for week #1 has been discounted to

\$200.00 because of the shortened week.

Camp Voyager Early Drop Off/Late Afternoon Pick Up

Campers can now come to Camp as early as 8:00 a.m., and stay as late as 6:00 p.m. **PRE-REGISTRATION IS REQUIRED**. Fee is \$4.00 per day for either early drop off or late pick up.

Where are some of the places that Camp Voyager went during the summer of 2008?

Yankee Stadium, Danbury Duck Pin, Splashdown Water Park, Rocky Neck State Park, Lake Compounce Amusement Park, Lore's Lanes, Misquamicut, Danbury Ice Arena, Tiki Golf, Winding Trails, New Britain Rock Cats, Maritime Aquarium, and Mountain Creek (just to name a few)

Full Day Camps - Camp Cornucopia

CAMP REGISTRATION BEGINS MARCH 30 IN PERSON OR BY MAIL. You may register over the telephone beginning April 6 using MC, Visa, or Amex.



Camp Cornucopia

This camp is designed to pack as much fun as possible into the summer for students entering grades 3-6. In this week long camp, students will be going to the beach, roller-

skating, bowling, miniature golfing and hiking as well as spending some time at camp engaging in traditional camp games and activities. All trip admissions and bus transportation for campers is included in the fee. A schedule of all activities, as well as suggestions for what to bring to camp each day will be mailed to all registered campers one week before the session begins.

Dates: August 17 – 21
Time: 9:00 a.m. to 5:00 p.m.
Days: Monday - Friday
Place: Cadigan Pavilion

Fee: \$195.00

Camp Cornucopia Early Drop Off/Late Afternoon Pick Up

Campers can now come to Camp as early as 8:00 a.m., and stay as late as 6:00 p.m. **PRE-REGISTRATION IS REQUIRED**. Fee is \$4.00 per day for either early drop off or late pick up.

Counselor In Training Program

WEEK 1: June 29 – July 2 (Monday – Thursday)

WEEK 2: July 6 - 10 WEEK 3: July 13 - 17 WEEK 4: July 20 - 24 WEEK 5: July 27 - 31 WEEK 6: August 3 - 7

Counselor in Training Program

Students ages 13 and 14 will learn the skills they will need to become successful camp counselors including; basic first aid, characteristics of children, leadership skills, games and arts & crafts. C.I.T's will receive instruction during camp hours (9:15 a.m.- 12:15 p.m.), and will be assigned to work with experienced counselors. Each C.I.T will receive a staff T-shirt and a binder of information Space is limited to 10 C.I.T.'s each session. Sign up for any or all sessions.

Time: 9:15 a.m. to 12:15 p.m. Days: Monday to Friday Place: Huckleberry Hill School

Weeks: See above Fee: \$40.00/week

Traditional Half-Day Camps

CAMP REGISTRATION BEGINS MARCH 30 IN PERSON OR BY MAIL. You may register over the telephone beginning April 6 using MC, Visa, or Amex.

WEEK 1: June 29 – July 2 (Monday – Thursday)

WEEK 2: July 6 - 10 WEEK 3: July 13 - 17 WEEK 4: July 20 - 24 WEEK 5: July 27 - 31 WEEK 6: August 3 - 7

Summer Better Than Others

Campers will participate in arts & crafts, games, special theme days, trips to Kids Kingdom (grade 1) or the Town Park (grades 2-5), and much more. Children must be entering 1st – 5th grade in order to attend camp. Camper/counselor ratio will not exceed 8:1.

Time: 9:15 a.m. to 12:15 p.m. Days: Monday to Friday Place: Huckleberry Hill School

Weeks: See Above Fee: \$58.00/week

*Please note that the fee for week #1 has been discounted to

\$46.00 because of the shortened week.



Camp Pee Wee

For children ages 3 ½, 4 or entering kindergarten. Campers will be involved in arts & crafts, games, story hours, weekly

trips to Kids Kingdom and daily theme activities. Our camper to counselor ratio will not exceed 6:1. All children attending must have turned 3 years old by December 31, 2008.

Time: 9:15 a.m. to 12:15 p.m. Days: Monday to Friday Place: Huckleberry Hill School

Weeks: See above Fee: \$58.00/week

*Please note that the fee for week #2 has been discounted to

\$46.00 because of the shortened week.

Important Information for Camp Summer Better than Others and Camp PeeWee:

Camp groups are made the week before the start of each session. Counselors will be calling the parents of all campers a few days before the camp week starts to let them know what room to report to. Once your child is assigned to a group, you can assume that they will be with that group for the duration of their camp experience.

Children should be brought to their assigned rooms no earlier than 9:10 a.m. During drop off and pick up times, parents are required to accompany their child to his/her group and sign in, as well as sign out at the end of the day. Any one dropping off early or picking up late will be assessed a charge of \$5.00 per 15 minutes.

If your child is to be picked up by any other adult, a note stating this needs to be given to your child's counselors in the morning.

Children should wear sneakers and comfortable clothing to camp. There is also a snack time for campers each day. Please send snacks in containers clearly marked with your child's name. We ask that you do not send in snacks containing peanuts, as we have many campers with severe allergies.

Sports Camps

CAMP REGISTRATION BEGINS MARCH 30 IN PERSON OR BY MAIL. You may register over the telephone beginning April 6 using MC, Visa, or Amex.



Field Hockey Camp

Back by popular demand! Girls entering grades 5-9 will practice passing, dribbling, shooting, and field hockey concepts. This camp is the perfect introduction for girls looking to learn the game in order to try out for the middle school or freshman team, as well as for those who have played before and are looking to reinforce their

skills. Campers will need to bring their own stick, and a water bottle and snack each day. In case of rain, camp will meet in the gym.

Days: Monday - Friday Place: WMS- front field

Time: 9:00 a.m. - 12:00 p.m. Fee: \$70.00

Dates: July 13 – 17 (1 wk)



Summer Horse Camp

The program meets 9:00 a.m. – 12:00 p.m. and consists of a daily riding lesson (1 to 1 ratio for beginners, each has individual assistant) horse care, grooming, and tacking up with the utmost

attention to safety. Games, contests and demonstrations complete the fun. Long pants and a shoe with a heel recommended. Hard hats are provided. Camp is held rain or shine as the Farm has a large indoor arena. Bring a snack and a big smile. Held at Brushy Hill Farm (just 13 minutes from the Flagpole in Newtown) 15 Coachman Drive, Southbury. Take I 84 Exit 14, left onto Rte 172 North; proceed 4 miles to Farm on the right, about 1/4 mile before the 4-way stop intersection. To access the Farm, turn right onto Coachman's Drive off of Route 172 and the farm driveway is the first on the left. Orientation is held on the first day of camp (Mondays) at 8:00 a.m. Any questions, visit their website at www.brushyhillfarm.com or call Ev at 203-262-6466. Camp is open to Little Britches (ages 3-6), Short Stirrups (ages 7-10) and Equestrians (age 11 and up). Drop off times are between 8:30 - 9:00 a.m. each day. Pick up times are between 12:00 - 12:30 p.m. Fee: \$295.00/week.

Week 1: 6/29 – 7/3 Week 2: 7/6 – 7/10 Week 3: 7/13 – 7/17 Week 4: 7/20 – 7/24

Week 5: 8/10 - 8/14



Junior Volleyball Camp

Open to students in grades 5-8 who want to learn or practice the basics including serving, passing, and hitting. This program is a great opportunity for middle school students who are

considering trying out for the BHS team. Please bring a snack and a water bottle. A T-shirt is included for all participants.

Days: Monday - Friday Dates: July 20 – 24 (1 wk)

Time: 10:00 a.m. – 1:00 p.m. Place: WMS Gym Instructor: Donna Korb Fee: \$75.00

Sports Camps, continued

CAMP REGISTRATION BEGINS MARCH 30 IN PERSON OR BY MAIL. You may register over the telephone beginning April 6 using MC, Visa, or Amex.

Volleyball Camp

Recreational volleyball program for those entering grades 9-12. Return players will greatly benefit by honing their skills and learning new ones, and is a great opportunity to keep your skills up in the summer. Beginning players will learn the basics of passing, setting, hitting, serving, blocking, and court positioning. Bring a lunch and a water bottle, and get ready for some fun! Sign up for individual weeks (7/27 – 7/31 or 8/3 – 8/7) at a cost of \$95.00 a week or both weeks for \$180.00. A T-shirt for all participants is included.

Days: Monday - Friday Time: 9:00 a.m. - 1:00 p.m.

Dates: July 27 – August 7 (2 wks)

Instructors: Cara Abraham and Donna Korb Place: WMS Gym Fee: \$180.00



Basketball Camp

Participants will receive individual and group instruction on all aspects of the game of basketball as taught by Coach Kevin McGinniss and his assistants. This co-ed camp for students entering grades 3 - 9 also features a shirt for

every player, juice daily (available for purchase on site), posters, 2 games a day, contests, prizes, and trophies. All participants will receive their own regulation game ball. Please bring a lunch and a drink each day.

Days: Monday - Friday

Time: 9:00 a.m. - 2:00 p.m.

Dates: July 6 – 10 (1 wk)

Instructor: Kevin McGinniss

Place: BHS Gyms Fee: \$110.00



Golf Camp

Junior golfers ages 8 – 15, with or without previous experience will enjoy learning the game of golf in a fun atmosphere. Camp includes fundamentals of the golf swing, playing with

woods and irons, pitching and sand play, chipping and putting, contests, rules and etiquette, videotape of your swing, mini-golf tournament, learn and play on a local course, awards, and a pizza party for campers each Friday. Campers may bring their own clubs or use those provided. Camp meets at Golf Quest, 1 Sand Cut Road, Brookfield. (Parents will be asked to provide transportation one day during the session to a local golf course.) The fee is \$259.00 per week. Camp meets 9:00 a.m. –12:00 p.m. Monday -Thursday, and 10:00 a.m. – 12:30 p.m. on Friday.

Week 1: June 22 - 26 Week 2: June 29 - July 3 Week 3: July 6 - 10 Week 4: July 13 - 17 Week 5: July 20 - 24 Week 6: July 27 - 31 Week 7: August 3 - 7 Week 8: August 10 - 14

Week 9: August 17-21

Sports Camps, continued

CAMP REGISTRATION BEGINS MARCH 30 IN PERSON OR BY MAIL. You may register over the telephone beginning April 6 using MC, Visa, or Amex.



S.N.A.G. Golf

Campers ages 5-7 will enjoy learning the sport of golf through an innovative program called SNAG (Starting New at

Golf). The SNAG system emphasizes safety and fun sports instruction. Campers will build their confidence as they learn proper techniques and etiquette. Participant to coach ratio is approximately 8:1. Campers should bring a water bottle and snack.

Days: Monday – Friday Time: 9:00 a.m. – 12:00 p.m. Dates: 7/6 – 7/10 (1 wk) Place: WMS-back field

Fee: \$114.00

Tiny Hawks Multi Sport Camp

Tiny Hawks, an introductory program for ages 3-4, will help children fine-tune their motor skills through various sporting activities and games. General concepts will be introduced in soccer and tee-ball while enhancing skills in hand-eye coordination, teamwork, sportsmanship, foot-eye coordination, cooperation and balance. No pressure, just lots of fun using age appropriate games and equipment. Children must be potty trained in order to attend. Camper to coach ratio is 6:1. Campers should bring shin guards (recommended), and a water bottle, and wear sneakers, appropriate clothing (t-shirt, shorts) and sunscreen to camp. Every camper will receive camp t-shirt and merit award. In case of rain, camp will meet in the gym.

Session 1: June 22 – 26, 4:00 – 5:20 p.m. Session 2: August 10 – 14, 9:00 – 10:20 a.m. Session 3: August 10 – 14, 10:30 – 11:50 a.m.

Days: Monday - Friday

Place: Whisconier School back field

Fee: \$70.00/session



Mini Hawks Multi Sport Camp

This introductory program will teach children ages 4 - 7 beginning skills in basketball, soccer and baseball through unique Skyhawks' games. They will tune up their

motor skills while refining their dexterity, balance and coordination with and without the ball. There is no pressure, just lots of fun! All participants will receive a ball and camp t-shirt. Campers should bring shin guards (recommended), two snacks and a water bottle, and wear sneakers, appropriate clothing (t-shirt, shorts) and sunscreen to camp. In the event of rain, the program will meet in the gym.

Days: Monday – Friday Dates: August 17-21 (1 wk)

Time: 9:00 a.m. - 12:00 p.m. Fee: \$109.00

Place: Whisconier School - back field

Sports Camps, continued

CAMP REGISTRATION BEGINS MARCH 30 IN PERSON OR BY MAIL. You may register over the telephone beginning April 6 using MC, Visa, or Amex.

New ~ Multi Sport Camp

Multi-sport camps are designed to introduce young athletes to a number of different sports in one camp. This week, campers age 8-10 will learn the fundamentals of soccer, basketball, and flag football in an enriching and enjoyable atmosphere. The camper to coach ratio is approximately 12:1. Campers should bring a snack, and water bottle, and wear running shoes and sunscreen. All campers will receive a t-shirt and merit award. In case of rain, this camp will meet in the gym.

Days: Monday – Thursday Dates: 6/29 – 7/2(4 days)

Time: 9:00 a.m. – 12:00 p.m. Fee: \$89.00 Place: Whisconier School – back field

Full Day and Half-Day Multi Sport Camp

Camper ages 5 to 14 will experience over 15 different sports from around the world with the US Sports Institute. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all fun. Campers will receive technical instruction in each sport and then experience the sport in a realistic game situation. Camper to counselor ratio will not exceed 12:1 and all campers will receive a t-shirt and certificate. Please bring a lunch and a water bottle each day. In case of rain, this program will meet in the gym.

Days: Monday – Friday Dates: 8/10 – 8/14 (1 wk)
Time: Half-Day (Ages 5-7), 9:00 a.m. – 1:00 p.m.-\$149.00
Full-Day (Ages 7-14), 9:00 a.m. – 3:00 p.m.-\$169.00

Place: Whisconier School - back field

Instructor: US Sports Institute

New ~ Sports Squirts

The Sport Squirts program introduces children ages 3 to 5 to a variety of sports such as Soccer, T-ball, Basketball, Tennis, Lacrosse and Hockey, all taking place in a safe structured environment ensuring learning is taking place. Activities are designed to evoke a child's imagination in which they can Find Nemo, send Shrek into a spin or capture Jellyfish with Sponge Bob Square Pants. All activities promote hand-eye coordination, movement and balance and most importantly fun, fun, fun.

Days: Monday – Friday Dates: 8/10 – 8/14 (1 wk)

Time: 4:00 – 5:30 p.m. Fee: \$89.00 Location: Whisconier School – back field

Instructor: US Sports Institute

Sports Camps, continued

CAMP REGISTRATION BEGINS MARCH 30 IN PERSON OR BY MAIL. You may register over the telephone beginning April 6 using MC, Visa, or Amex.



Melendez Tennis Camp

Melendez Tennis Camps are high-quality, half-day camps that offer boys and girls entering grades 2-8 an opportunity to develop lifetime skills in the sport Campers will work with qualified instructors in small

of tennis. Campers will work with qualified instructors in small, age and skill appropriate groups and will be taught the skills and etiquette necessary to become successful tennis players. Campers will also have the opportunity to develop interpersonal and social skills as they enjoy organized off-court activities with their peers. A few reasons why Melendez Tennis Camps stand above the rest: 4:1 Student to Instructor Ratio, Weekly Individual progress reports, Live videotape stroke analysis and Culminating award ceremony and exhibition tournament. Campers should wear sneakers and athletic clothing and bring a water bottle each day. Campers must supply their own racquets and bring an unopened can of tennis balls. A camp t-shirt is included in the fee. In case of rain, the program will meet in the gym at BHS. Visit www.MelendezTennis.com for more camp details.

Days: Monday – Friday Times: 8:30 a.m. – 12:00 p.m.

Session 1: 7/20 – 7/24 (1 wk)

Session 2: 7/27 – 7/31 (1 wk) Place: BHS Tennis Courts

Fee: \$155.00/week (Or two weeks for \$290.00)

Melendez Tennis Intensive

Melendez Tennis is now offering an intensive workshop for intermediate to advanced players. During each daily 90-minute session players will have the opportunity to further hone their tennis skills in a small group setting. Professional instruction with a maximum of four students per group will emphasize the following: Advanced biomechanical technique for all strokes, Strategic point combinations and attacks, Mental toughness and tournament preparation, and Culminating match-play tournament with prizes. First priority to this *limited enrollment* Workshop will go to players entering grades 4-8 who are enrolled in the Melendez Tennis camp. Since the *Intensive* is geared for intermediate-advanced players, a skills assessment may be required. In case of rain, the program will meet in the gym at BHS. Visit www.MelendezTennis.com for more details.

Days: Monday – Friday Time: 12:30 – 2:00 p.m.

Dates: 7/27 – 7/31 (1 wk) Fee: \$115.00

Place: BHS Tennis Courts

New ~ Quick Start Tennis

Children ages 5 and 6 will learn how to control a tennis ball with a racket and have fun in this beginning program taught by BHS Girls Coach Elaine Gregory. Students may bring their own rackets. (Rackets will be supplied for anyone who needs one.) Students should dress appropriately for outdoor play, wear sneakers and bring a water bottle each day.

Day: Monday - Friday Time: 9:00 - 10:00 a.m.

Dates: 8/3 – 8/7 (1 wk) Fee: \$49.00

Place: BHS Tennis Courts

Instructor: Elaine Gregory, BHS Girls Coach

Sports Camps, continued

4th Annual Bobcats Football Camp

We're proud to present our fourth annual Bobcats Football Camp. This non-tackle, skills-based camp is open to boys and girls entering grades 2 -12 of all skill levels, introductory through advanced. Our camp includes a comprehensive approach and the most up-to-date fundamentals, skills, techniques, and drills used in the development of offensive and defensive skills at every position. Under the direction of Coach Rich Angarano and the BHS staff, along with an experienced team of volunteer coaches, the camp will be a fun and safe opportunity for youth to learn about football and to take away skills that will help them if they choose to play tackle football in the future. Each camper will receive concentrated work in the areas of skill and coordinated movement. Our goal is to teach, and teach and teach during this clinic! The last day will include a flag football tournament so players may apply the skills they have learned. Campers should wear non-metal cleats or football shoes, athletic clothing (shorts, socks, and t-shirt), and bring a mouthpiece and water bottle each day. Fee includes camp t-shirt.

Days: Tuesday - Thursday (3 days) Time: 6:00 - 8:00 p.m.

Dates: 7/21 - 23 (rain date of 7/24 if necessary) Place: Brookfield High School Football Fields

Fee: \$40.00

Crew Camp

Come learn about this wonderful, fast growing sport during the GMS Rowing Center's Summer Co-Ed Crew Camp especially for teens age 13 – 18. Students will be introduced to the basics of the rowing stroke, become familiar with the boat or "rowing shell" and learn how to launch and get in an out of the boat. Students will be on the water getting instruction in the boat twice a day (weather permitting) as well as cross training and reviewing video assessments. So join us, meet GMS' world-class coaching staff and make new friends while rowing on Lake Lillinonah. All equipment and snacks/beverages are provided. Please wear sneakers, clothes suitable for a workout (not too baggy) and bring a water bottle. Although the boats are extremely stable, this program is not recommended for non-swimmers.

Session 1: July 27 – July 31 Time: 9:00 a.m. – 3:00 p.m.

Fee: \$375.00

Session 2: August 3 – August 7 Time: 9:00 a.m. – 3:00 p.m.

Fee: \$375.00

<u>Session 3: August 10 – August 14</u> Time: 9:00 a.m. – 3:00 p.m.

Time. 9.00 a.m. – 5.00

Fee: \$375.00

Place: GMS Rowing Center, 172 Grove Street, New Milford

Sports Camps, continued

CAMP REGISTRATION BEGINS MARCH 30 IN PERSON OR BY MAIL. You may register over the telephone beginning April 6 using MC, Visa, or Amex.

Strength & Conditioning for Young Athletes

Get a head start on the season! Ideal for Football, Soccer, Field Hockey, Volleyball, and Track & Field athletes. This camp is designed to give athletes in 7th – 12th grade the opportunity to gain a competitive edge in their sport by improving their strength and conditioning. Athletes will learn proper strength training and speed development technique, as well as plyometrics, to build a solid foundation for their sport. Young athletes of <u>all</u> sports will benefit greatly from this class. Athletes are divided into a Junior Camp 7th -9th grade and Senior Camp 10th – 12th grade, please specify when registering.

Session 1: Tuesdays & Thursdays 6/2 - 6/25

Senior Camp (Grades 10-12) 3:30 p.m. – 4:45 p.m. Junior Camp (Grades 7-9) 4:45 p.m. – 6:00 p.m.

Session 2 – Tuesdays & Thursdays 7/7 – 7/30

Senior Camp (Grades 10-12) 3:30 p.m. – 4:45 p.m. Junior Camp (Grades 7-9) 4:45 p.m. – 6:00 p.m.

Fee: \$150 per session

Place: NO-LIMIT Health & Fitness, 1120 Federal Road

Specialty Camps – Art



Camp Watercolor

Campers age 8 – 14 will enjoy learning drawing and watercolor painting techniques. Each camper will receive

individualized attention to be successful at their ability level, culminating with the completion of a painting. Bring a snack and a drink each day. Depending on the instructor's schedule, a class on Tuesday may be added at a later date, at no additional cost to students.

Days: Monday, Wednesday, Thursday, Friday Time: 9:30 a.m. - 12:00 p.m. Place: HHES

Instructor: Victoria Lange Fee: \$79.00/session

Session 1: 7/6 – 7/10 (no 7/7) Session 2: 8/3 – 8/7 (no 8/4)

Pizzazz Art

Children ages 4-6 will express their creativity in this hands-on camp! Working with a wide variety of mediums including paint, paper mache, clay, sand art, wearable art, and more, campers will create several projects throughout the week. Fee includes all materials. Please bring a smock and a snack. This camp runs concurrently with International Kitchen Kids for ages 7-10. Please see page 22 for more information.

Days: Monday – Friday

Session 1: 7/27 - 7/31, 1:00 - 2:30 p.m.

Place: Huckleberry Hill School

Session 2: 8/17 – 8/21, 11:00 – 12:30 p.m. Place: Congregational Church, Fellowship Hall

Session 3: 8/17 – 8/21, 1:00 – 2:30 p.m.

Place: Congregational Church, Fellowship Hall

Fee: \$75.00

Specialty Camps – Art, Drama, Tech

Paint, Draw & More Camp

This fun summer art camp is offered by Paint, Draw & More for students ages 5-13. Each day is comprised of a full day of creating fine art, some of which may include drawing, painting, mask making, sculpture, bookmaking, cartooning, collage, print making, and group projects. Story telling, music making and movement will also be added as time allows. Activities will take place in and out of doors depending on the weather. Students will explore a variety of mediums and be encouraged to break artistic boundaries and express their creativity in new and exciting ways. Campers should bring a lunch, snack and smock.

Day: Monday – Friday Time: 8:30 a.m.- 2:30 p.m.

Dates: 7/20 – 7/24 (1 wk) Fee: \$285.00

Place: HHES



Performing Arts Camp

Performing Arts Camp for 6 to 14 year olds is an intensive, fun, highly charged one-week performing arts program. Campers who participate in this camp will receive training in acting, dancing and singing by performing

artists. The end of the week will culminate with a performance for family and friends. For more detailed information, please visit www.performingartsprograms.biz or call 860-432-9890 for more information. If you prefer to register online for this program, you may do so through the Performance Arts Programs website listed above.

Days: Monday – Friday Time: 9:00 a.m. – 2:30 p.m.

Dates: 7/27 – 7/31 (1 wk) Fee: \$195.00 Instructor: Performance Arts Programs, Inc.

Place: WMS Café/Stage

LEGO® Robotics

LEGO® Robotics is a powerful learning tool that presents students entering grades 3 through 8 with a hands-on, minds-on laboratory for experimenting with robots and robotic activities. The students will use the all-time familiar LEGO® bricks to create robots by building around a mini computer which they can program using a software on the laptop. In session 1, we will be building NXT robots and program them to accomplish tasks, respond to external stimuli and overcome challenges that include navigation, avoiding and/or climbing over obstacles, and moving objects.

Day: Tuesday – Thursday Time: 9:30 a.m. – 12:00 p.m.

Dates: 7/7 – 7/9 (3 days) Fee: \$105.00

Place: Newbury Congregational Church, 126 Tower Road

LEGO® Fungineering

Young budding engineers entering grades 1 – 3 love this "hands-on, minds-on" program. Concepts of simple machines such as gears, pulleys, levers and wheels are introduced through a series of activity-card LEGO® building projects. With the use of a motor and electrical controls, the models come alive right before their eyes! All new models to tinker with this summer.

Day: Tuesday – Thursday Time: 1:00 – 3:30 p.m.

Dates: 7/7 – 7/9 (3 days) Fee: \$105.00

Place: Newbury Congregational Church, 126 Tower Road

Specialty Camps – Technology, cont.

New ~ Video Game Animation

Students entering grades 3 – 8 will learn to create your very own movie or game – just remember that the movies can only be PG-rated and the video games only E-rated! You can design a digital cat and program it to purr when someone pets it or craft a digital birthday cake that plays a song when you blow out the candles or create Pac-Man like video games. All this is possible with a program from MIT called "Scratch" (http://scratch.mit.edu/) that lets you easily create interactive stories, games, music, and art. Students will get a copy of this software so they can continue to create more masterpieces even after the camp.

Day: Tuesday – Thursday Time: 9:30 a.m. – 12:00 p.m.

Dates: 7/14 – 7/16 (3 days) Fee: \$105.00

Place: Newbury Congregational Church, 126 Tower Road

Green Engineering

Engineering meets alternative energy! This program for students entering grades 3 - 8 examines how smart engineering design combined with the use of renewable energy sources such as wind, water and solar power can help children understand some of the environmental issues we may face while providing them a fun and educational experience. This curriculum uses Lego Renewable Energy Lab kits and is designed to help students grasp the abstract and sometimes difficult concept of energy through captivating and hands-on activities. Building projects such as turbine windmill, solar car and more will bring the science concepts alive!

Day: Tuesday – Thursday Time: 9:30 a.m. – 12:00 p.m.

Dates: 8/4-8/6 (3 days) Fee: \$105.00

Place: Newbury Congregational Church, 126 Tower Road

Specialty Camps – Science and Nature

New ~ Simply Science Camp

Campers ages 5 – 9 will work with magnets, making a magnet map and painting; participate in balloon experiments; learn about weather and make a weather instrument and more. All of these activities will be incorporated with a storybook.

Day: Monday – Friday Time: 1:00 – 2:30 p.m.
Session 1: 7/13 – 7/17 (1wk) Fee: \$75.00/session
Session 2: 8/3 – 8/7 (1 wk) Instructor: Pam Zavarelli

Place: Huckleberry Hill School classroom

New ~ The Great Outdoors

No one can be expected to care about and protect the natural world without understanding it. Campers age 6-11 will explore the great outdoors through games, experiments and projects. They will investigate topics including the weather, wild flowers, local plants, trees and birds and pond wildlife. Camp will meet at the entrance to Williams Park (across from the Brookfield Library) at 9:30 am. Pick up will be in the same location at 12:30 pm. Please bring a lunch and water, wear sneakers and sunscreen and dress for outdoor play.

Day: Monday – Friday

Dates: 8/10 – 8/14 (1wk)

Fee: \$75.00

Time: 9:30 a.m. – 12:30 p.m.

Instructor: Jen Tomaino

Place: William's Park

Specialty Camps – Misc.

International Kitchen Kids

Kids ages 7-10 will learn to use new cooking techniques, fresh ingredients, and menu planning while creating delicious and nutritious meals and desserts from around the world. Different themes for each day will focus on regional cuisines or cooking techniques so that students get a taste of a variety of different regions. Each participant will receive an apron and recipe book to use during the camp and take home at the end of the week. Space is limited to 12 participants. Please bring a water bottle and let us know when registering if your child has any food allergies.

Session 1: Chinese, Mexican, German, Greek & Baking Session 2: Italian, French, Southern (US), Cuban & Pastry

Day: Monday - Friday

Session 1: 7/27 - 7/31, 1:00 - 2:30 p.m.

Place: Huckleberry Hill School

Session 2: 8/17 – 8/21, 11:00 – 12:30 p.m. Place: Congregational Church, Fellowship Hall

Session 3: 8/17 – 8/21, 1:00 – 2:30 p.m.

Place: Congregational Church, Fellowship Hall
Fee: \$75.00 Instructor: Jen Tomaino

Descriptive Writing Workshop

Students entering grades 3-5 will learn to paint a picture with words during this descriptive writing workshop. Activities to model and inspire this type of writing will include nature and art observations as well as explorations of descriptive writing pieces. Specific activities will include readings from authors like Ronald Dahl and Jane Yolen and interaction with great works of art and nature. Students should bring a snack/drink each day.

Days: Monday – Thursday Time: 10:00 a.m.-12:30 p.m.

Dates: 7/13 – 7/16 (4 days) Fee: \$99.00 Place: Tutoring Club, 270 Federal Road

New ~ Fun with Numbers

Come and have fun working with numbers! This 3 - session course is intended to help your elementary age child enjoy math through playing games and joining in activities designed to give them confidence. During this time they will make math games and be able to take them home. Simple multiplication, division, fractions and measurement will be included in the course.

Days: Tuesday - Thursday Time: 10:30 a.m.- 1:00 p.m.

Dates: 7/21 - 7/23 (3 days) Fee: \$59.00

Place: Tutoring Club of Brookfield

Singing and Signing

Babies can sign before their first words are spoken! Toddlers and Pre-school age children will enjoy dancing and singing as well as learning many words in sign language. Together, you and your little ones will build a vocabulary of over 25 signs including foods, animals, feelings, colors and more. (All signs based on ASL) Don't miss this fun and easy learning experience for yourself and your child!

Day: Tuesday Instructor: Janine Lamendola Infants and Toddlers (up to age 3): Time: 10:00 -10:45 a.m. Preschool – K (ages 3 to 5) Time: 11:15 a.m. – 12:00 p.m.

Session 3: 6/23, 6/30, 7/7, 7/14 (4 classes)

Place: Newbury Congregational Church, 126 Tower Road

Fee: \$43.00/session

Passes

All passes are for Brookfield Residents only.
For purposes of our passes, a family is defined as two
married adults and dependents in the same household.
We reserve the right to ask for proof of residency.

Beach Passes – If you haven't been to the beach lately, you might be pleasantly surprised! Our Town Park Beach on Candlewood Lake features swimming, basketball and sand volleyball courts, shaded picnic areas with tables and grills and a concession stand. Beach passes for the season will **ONLY** be sold at the Parks & Rec. Office and are available for purchase beginning April 13, 2009.

Family Pass \$66.00 Individual Pass \$50.00

Senior Couple Pass \$40.00 (age 65+, includes husband/wife)
NEW- Senior Family \$55.00 (age 65+ and up to 4 grandchildren)

Senior Individual Pass \$32.00 (age 65+)

Guests may enter the Town Beach when accompanied by a Brookfield resident. The daily fee is \$5.00 per guest. Brookfield residents may also pay the daily fee of \$5.00 per person at the gate in lieu of purchasing season passes.



Boat Passes — Available April 1, 2009. Brookfield Residents and/or home owners only. You **MUST** bring in your boat and trailer registrations in order to obtain your pass. We do not keep copies on file.

Boat Pass – On Trailer \$80.00 Boat Pass – Car Top \$45.00

Senior Boat Pass—On Trailer \$45.00 (age 65+ the owner Senior Boat Pass – Car Top \$27.00 not the boat)



William's Park Tennis Passes - Well maintained Har-Tru clay courts. A court will be available when you get there by reserving it through

the Parks & Rec. Office. Courts are open Memorial Day Weekend through October, weather permitting. Available for purchase April 13, 2009.

Family Tennis Pass \$55.00 Individual Tennis Pass \$40.00

Senior Tennis Pass \$35.00 (age 65+)

Splash Pass - Enjoy our waterfront facilities and a 10% savings for the beach and boat ramp. Available for purchase April 13, 2009. You **MUST** bring in your boat and trailer registrations in order to obtain your pass. We do not keep copies on file.

Splash Pass – Family \$129.50 Splash Pass – Senior Family (includes husband/wife) \$76.50



Club Pass - Those who enjoy swimming and tennis will save 10% on this pass for the beach and William's Park tennis. Available April 13, 2009.

Club Pass - Family\$107.00

Club Pass - Senior Family (includes husband/wife) \$67.50

2009 Brookfield Town Park Beach Hours

Memorial Day Weekend

Saturday, May 23	11:00 a.m. – 6:00 p.m.
Sunday, May 24	12:00 – 6:00 p.m.
Monday, May 25	11:00 a.m. – 6:00 p.m.

Early Season - Before the last day of school (Tuesday, May 26 through June 22)

 Weekdays
 3:00 - 6:00 p.m.

 Saturdays
 11:00 a.m. - 6:00 p.m.

 Sundays
 12:00 - 6:00 p.m.

<u>Summer Season</u> - Begins the last day of school (June 23 through August 30)

Weekdays 10:00 a.m. – 7:00 p.m.

Wednesdays NOODLE HOUR 6:00 – 7:30 p.m.

Saturdays 11:00 a.m. – 7:00 p.m. Sundays 12:00 – 6:00 p.m.

<u>Late Summer Season</u> (Monday, August 31 – Friday, Sept 4)

CLOSED

Labor Day Weekend

(Saturday, Sept 5 – Monday, Sept. 7)

Saturday, Sept 5 11:00 a.m. – 6:00 p.m. Sunday, Sept 6 12:00 – 6:00 p.m.

Monday, Sept. 7 11:00 a.m. – 6:00 p.m.

Town Park Rules

- 1. No swimming allowed when lifeguard is not on duty.
- Park passes sold to Brookfield residents and/or homeowners only.
- 3. Guests must be accompanied by a pass holder or provide proof of residency.
- 4. No swimming allowed outside the designated areas.
- 5. No flotation devices are permitted. (Including P.F.D.'s life jackets)
- Children 12 and under must have adult supervision at all times.
- 7. Only one person at a time allowed on the diving board.
- 8. No dangerous play will be tolerated.
- Swim team floats may be used under beach personnel supervision only.
- 10. No food or beverages are allowed on the beach area.
- 11. No glass is allowed in the Park.
- 12. No smoking on the beach.
- 13. No pets of any kind are permitted.

Swim Lessons and Brookfield Muskrats Swim Team

SWIM LESSON REGISTRATION BEGINS APRIL 13 IN PERSON OR BY MAIL. You may register over the telephone beginning April 20 when paying by VISA, MC or AMEX.



Swim lessons are 1/2 hour in length and are held for ten classes. Lessons are held Monday – Friday at the Town Park Beach.

Participants MUST have a family beach pass in order to attend lessons.

Lessons will be cancelled in event of heavy rain or thunder and lightning. Up to two days per session will be made up because of weather cancellations. We are not able to accept registrations once a session begins.

Session 1: June 29 – July 13 – no class 7/3 (make up days on 7/14 and 7/15)

Session 2: July 16 – July 29 (make up days on 7/30 and 7/31) Session 3: August 3 - August 14 (make up days on 8/17 and 8/18)

Fee per session is \$35.00 for one child, \$65.00 for two children, \$90.00 family maximum.

LEVEL: DESCRIPTION: Pre School Level 3 - 4 vrs Beginning instruction, water intro, class without parent Water Exploration Level 1 Aquatics orientation, supported floating/kicking 5 and up Primary Skills Level 2 Expand fundamental locomotion & safety skills Stroke Readiness Level 3 Increase swimming competency, safety/rescue Stroke Development Level 4 Develop confidence & competency in strokes Stroke Refinement Level 5 Refinement of crawl, back, breast & side strokes Introduce surface dives & flip turns Skill Proficiency Level 6

A more detailed list of skills covered at each level is available for your review at the Parks & Recreation Office. We do our best to work with you to ensure that your child is placed at the correct level. However, all swimmers are evaluated by swim instructors on the first day of lessons, and you may be asked to switch levels so that your child will attain the maximum benefit.

	10:50- 11:20	11:30- 12:00	12:10- 12:40	12:50- 1:20	1:30- 2:00	2:10- 2:40	2:40- 3:10	3:10- 3:40	3:50- 4:20	4:30- 5:00
Instructor #1	Level 4	Level 1	Pre- school		Level 1	Level 2		Level 4	Level 2	Level 5*
Instructor #2	Level 3	Level 2	Level 5*		Level 3	Pre- school		Level 1	Level 3	Pre- school

^{*}For session 2 level 6 will be offered in place of level 5 at 4:30 p.m. For session 3 level 6 will be offered in place of level 5 at 12:10 p.m.



Brookfield Muskrats Swim Team

Swimmers will enjoy the many benefits of the Muskrats Swim Team including daily practices, competing in meets, pasta parties, and team trips. **Practice begins Wednesday, June 24 (or the weekday after school ends if after 6/23)** at the Town Park. There will be an orientation meeting for the parents of new and returning swimmers on Tuesday, June 9, 7:00 p.m. in Room 133 of Town Hall. Season calendars and handbooks will be distributed at this time. Practices are held weekdays; times vary depending on

age group. Depending on enrollment, there is a possibility that the practice times may be adjusted slightly when the season begins. Please note that a swimmer's age is as of July 1, 2009. The purchase of a beach pass is *required* to register for the Muskrats. Fee is \$95.00 per swimmer with a family maximum of \$190.00. All swimmers will receive a Muskrats Team T-shirt and swim cap. Please specify t-shirt size (Youth S, M, L or Adult S, M, L, XL) when registering. Other Team apparel (sweatshirts, shorts, pants) will be available for purchase before the start of the season. Order forms will be available at the 6/9 meeting.

8 & under* 10:15 - 11:00 a.m. 9 & 10 11:00 - 11:50 a.m. 11 & 12 12:05 p.m. - 1:05 p.m. 13 & up 1:05 p.m. - 2:05 p.m.

^{*}Must pass an evaluation by the Swim Team Coach. All first time 8 and under swimmers will be evaluated on the first day of the program. It is recommended that all swimmers be at Red Cross Level 4 or above.

Outdoor Adventure – Land & Water

Beginning Caving

Adults and children ages 8 and up will join the exploration of the mysterious passages in Tory's Cave in Gaylordsville, CT. We invite you to take a close look at the unique environment of a limestone cave. You'll climb, crawl, and slide beneath the surface among stalagmites, stalactites, limestone waterfalls, a disappearing stream and other surprises in the company of a small group. The program covers safety issues, cave facts and fiction. Helmets are provided. Bring your own flashlight. Fee is \$30.00 per person, per day.

Family Adventure - Ages 8 and up - 12:00 - 2:00 p.m.

Caving for Adults - 9:00 - 11:00 a.m. Session 1: May 30 Session 2: June 21

Session 3: August 8



Beginning Rock Climbing

A fun and exhilarating introduction to climbing in a relaxed, friendly environment. Program includes all equipment and instruction, featuring easy to challenging routes to climb. Students ages 8 and up, joined by adults, have the

opportunity to participate as part of the Family Adventure, giving them an opportunity to climb, as well as learn the belay skills necessary to keep climbers safe while on the rocks. Back up safety measures are provided. Meet at St. John's Ledges in Kent. Fee is \$65.00 per person, per day.

Climbing for Adults - 10:00 a.m. - 2:00 p.m.

Session 1: May 23 Session 2: June 27

Session 3: July 25

Family Adventure- Ages 8 and up-10:00 a.m. - 2:00 p.m.

Session 1: May 9 Session 2: June 13 Session 3: July 11 Session 4: August 15



Horseback Riding Lessons

This course offers basic horse care, grooming, tacking up, and riding skills from beginner to advanced. In case of inclement weather, lessons will be held in an indoor ring. Register with the Parks &

Recreation Office, and Brushy Hill Farm will contact you directly to set up a mutually convenient lesson time. These group lessons begin the week of April 20 (or at your convenience) and will last for six weeks, one hour each week. Brushy Hill Farm is located in Southbury, just 13 minutes from the flagpole in Newtown. Directions are available at the Parks & Recreation Office. Long pants and shoes with heel are recommended. Hard hats will be provided. Fee: \$295.00

Crew for Adults – Learn to Row

New rowers will learn the basics of the rowing stroke. become familiar with the parts of the shell, oars and riggers as well as how to launch and sit in the boat. You will get significant "time-on-the-water" over a one-month period. All equipment is provided. Please wear sneakers, clothes suitable for a workout (not too baggy) and a water bottle. Session 1: May – Tuesday & Friday, 9:00 – 10:30 a.m. Session 2: May – Wednesday & Friday, 6:00 – 7:30 p.m. Session 3: June – Tuesday & Friday, 9:00 – 10:30 a.m. Session 4: June – Wednesday & Friday, 6:00 – 7:30 p.m.

Place: GMS Rowing Center, 172 Grove Street, New Milford

Fee: \$210.00 per session

Community Connection

20TH ANNUAL BUNNY BREAKFAST

To Benefit the Brookfield Community and Offer Scholarships for Continuing Education. Sponsored by Newcomers and Neighbors Club of Brookfield.

> Saturday, April 4 8:30AM - 12:00 NOON (Breakfast Served until 11:00 AM) Brookfield High School Cafeteria

Bring the kids, visit with the bunny, and enjoy: Pancakes, Eggs, Sausage, Fruit Juice, Coffee, Tea

Games and Activities for the Kids

Vendor Sale, Raffle and Bake Sale

\$7.00 for adults and \$4.00 for children at the door Call Nicole Genna at 775-9428 for additional information

First Annual Brookfield Film Festival

Join the Brookfield Arts Commission at the First Annual Brookfield Film Festival to be held from Friday, April 3rd to Sunday, April 5th, 2009. The Brookfield Arts Commission and The Friends of the Arts of Brookfield will host "Short and To the Point". a festival of short films at the Brookfield Theatre for the Arts.

The Festival will present a program of short films, created by filmmakers from all over the world, which have been awarded citations at previous festivals. In addition to learning more about this genre of art, the festival will bring to the community an opportunity to learn more about the film festival phenomena taking place throughout the state and our region. Our agenda includes an opening day reception and...... There will also be activities for students interested in film arts, and much more.

Please contact Mary Daniel, Chairman of the Brookfield Arts Commission, @203-740-9290 or mmgadaniel@earthlink.net for more information, or if you are interested in volunteering for the event.

2nd Annual Earth Day Celebration at Huckleberry Hill School Saturday, April 25, 2009 12:00 - 4:00 p.m. Rain or Shine

- Explore Huckleberry's NEW school garden!
- Build a bird house (bring your own hammer) with the **Brookfield Conservation Commission**
- Take a guided hike on the HHES Nature Trail
- Meet Atka the wolf and learn about conservation from the Wolf Conservation Center
- Plant your own pot of flowers
- Purchase plants from the WMS Greenhouse Gang
- Learn about the environment and buying local produce with Sullivan Farm
- Reduce, Reuse, Recycle Rethink: Create Earth-friendly crafts
- Attend a gardening talk to learn more about native plants (for adults)
- And much, much more for students in grades K- 8!

From the Director

In these economic times when we are all forced to do more with less I find it helpful to get back to basics. I'm reminded about what we do best and why that is important to you the residents of Brookfield. You see, even in strong economic times we are consumed with offering leisure opportunities at the most affordable prices to our residents. I challenge you to find more affordable quality, well-run programs anywhere in this area. Whether you are looking for an after school or day camp program for your child or a fitness or a computer class for yourself, you'll find it on the pages of this brochure at a price that is reasonable.

It is this Department's responsibility to develop and offer a wide variety of quality recreational, educational, cultural, and special events to the public <u>at the lowest possible cost</u> while servicing all age groups in the Town. We are dedicated to providing a variety of introductory programs, special events, and enrichment programs for all ages in an effort to change lives for the better and build a stronger community. We believe that our youth, teens, adults & seniors all have a niche that if discovered will enhance their lives and make Brookfield an even better place to reside.

We are pleased to present our Spring/Summer line up of Programs, Activities, Adult Education, Trips and Special Events.

Your Recreation and Park / Grounds staff continue to maximize the departments limited resources by improving upon Brookfield's recreational programs and facilities.

Dennis DiPinto, Director Parks & Recreation

Frequently Requested Phone Numbers						
Boy Scouts	Ray Pflomm	775-8167				
Brookfield	Field Hotline	775-5238				
Baseball & Softball	1 1010 1 1001110					
Brookfield Education	Carol Dores	775-8965				
Foundation (BEF)						
www.brookfieldeducationfoundation.org						
Brookfield for Youth	Bob Drysdale	775-3569				
Football & Cheer	Field Hotline	775-5241				
Brookfield	Kevin Madden	775-4434				
Lacrosse	Field Hotline	775-5240				
Brookfield Soccer	Field Hotline	775-5239				
Candlewood Lake	Larry Marciano	860-354-				
Authority		6928				
CT DEP Boating		860-434-				
Div.		8638				
Conservation	Alice Dew	740-2419				
Commission						
Garden Club	Betty Ziegler	775-2279				
Girl Scouts						
Daisy (K/1)	Lynn Ecsedy	775-0817				
Brownie (Gr. 2 & 3)	Jennifer Evers	jevers@sbcgloba				
Junior (Grades 4-5)	Laura Hancock	<u>l.net</u> 775-8543				
Cadette/SR (Gr 6-12)	Elaine Gregory	482-9381				
Adult Leadership	Julie Blick	740-9015				
Lion's Club	Robert Rascona	775-1225				
MOMS Club® of	Megan H.	740-2367				
Brookfield West	Deirdra W.	775-4069				
Brookfield Newcomer						
and Neighbors www.brookfieldnewcomers.com						
P.O. Box 263						
Rotary Club	Russ Cornelius	775-8010				
Senior Center	Ellen Melville	775-5308				
	Gail Pellis					
Youth Employment	Parks & Rec.	775-7310				

How to Register



By phone when paying by Visa, Master Card, or American Express. Call 775-7310 and press 3 to speak with a staff person. Registration by phone for all spring programs begins Wednesday, March 18. Please note dates for summer program registration within the brochure.



By mail, include your name, address, phone number and the course that you are registering for, along with your check or credit card information. Enclose a self-addressed stamped envelope if you would like a receipt. You may mail in your registration for spring programs at any time. Please note dates for summer program registration within the brochure.



In person at the Brookfield Municipal Center, 100 Pocono Road. The Parks & Recreation Office is open Monday through Friday, 8:30 a.m.- 4:30 p.m. When you enter the Town Hall, make a right, and we are the last office on the left. You may register in person for spring programs anytime during office hours. Please note dates for summer program registration within the brochure.

REGISTRATIONS

Will be accepted in person, by mail, or over the phone on a first come, first served basis. Full payment must accompany registration.
 If you would like a receipt from a mail-in registration, enclose a self-addressed, stamped envelope.
 A \$15.00 charge will be assessed on any returned checks.

Non-Brookfield residents will be accommodated beginning 2 weeks prior to the start of a program with payment of a \$5.00 surcharge.

REFUND POLICY

1) Registrations may be canceled up to one week prior to a program's starting date. 2) No refunds will be given once a program has begun, unless a substitute can be found by this Department, or unless there is a medical emergency. 3) Absolutely no refunds will be given for any used portion of a program. 4) All refunds are subject to a 10% administrative surcharge.

PROGRAM CANCELLATION POLICY

1) Parks & Recreation reserves the right to cancel any program due to lack of participation 2) Approximately one week prior to the start date for each program, a definite decision will be made to cancel or run the program.

Concerts in the Park schedule goes here

(separate excel sheet)